

Medical Physician Preparation (MPP) Academy

A Division of the NAPCA Foundation

mpp.NAPCAonline.org

VIEW BOOK



Helping Aspiring Medical Physicians
Become Better Prepared To Thrive In
Medical School and Beyond.

Introducing Students To Medical
School And The Career Paths
Available To Medical School
Graduates.

Discover What It's Like to Practice
Medicine In The U.S. and
Internationally.

Phone: (800) 799 – 4640 ext. 813

MPP OVERVIEW

The MPP Academy is open to high achieving elementary, secondary, and undergraduate students from all backgrounds who might not have considered a career as a medical physician or have already committed to pursuing a career in medicine.

The Medical Physician Preparation (MPP) Academy at the NAPCA Foundation is designed to increase the number of high achieving students who are academically and mentally prepared with the social-emotional skills to enter and graduate from medical school and become licensed to practice medicine in a medical specialty that provides a sense of purpose and meaning to their lives.

Elementary School Program

- For high achieving 4th and 5th grade students
- 2 Year MPP Program
- Destination Med School Program

Middle School Program

- For high achieving 6th - 8th grade students
- 3 Year MPP Program
- Destination Med School Program

High School Program

- For high achieving 9th - 12th grade students
- 4 Year MPP Program
- 4+4+4 MPP Pipeline Program (Destination Med School)

College Program

- For community college and four year college students
- 3 Year Program
- 4+4 MPP Pipeline Program (Destination Med School)

Commuter

Residential

Online

NAPCA by the Numbers



30 Campuses

We host our programs at some of America's most prestigious Universities



10:1 Student-Staff Ratio

Students work closely with their program staff and instructors in an interactive learning environment



10 Countries

Students from several countries attend our summer and year-round programs



40%

Percentage of NAPCA staff members who attended our programs when they were in high school.



Over \$250,000 in Scholarships

Awarded annually to NAPCA alumni and students.



2010

The year we launched our first college and career-focused program at the University of Southern California.

Note: Due to COVID-19, All MPP programs have been canceled for summer 2021 until further notice. We hope to offer our on-campus residential programs at all program locations starting summer 2022.

MPP ACADEMY HYBRID FORMAT

The MPP Academy combines a 4 week on-campus, in-person summer intensive session each summer over a four-year period with weekly online class instruction and activities, 2-4 hours per week, throughout the academic year.

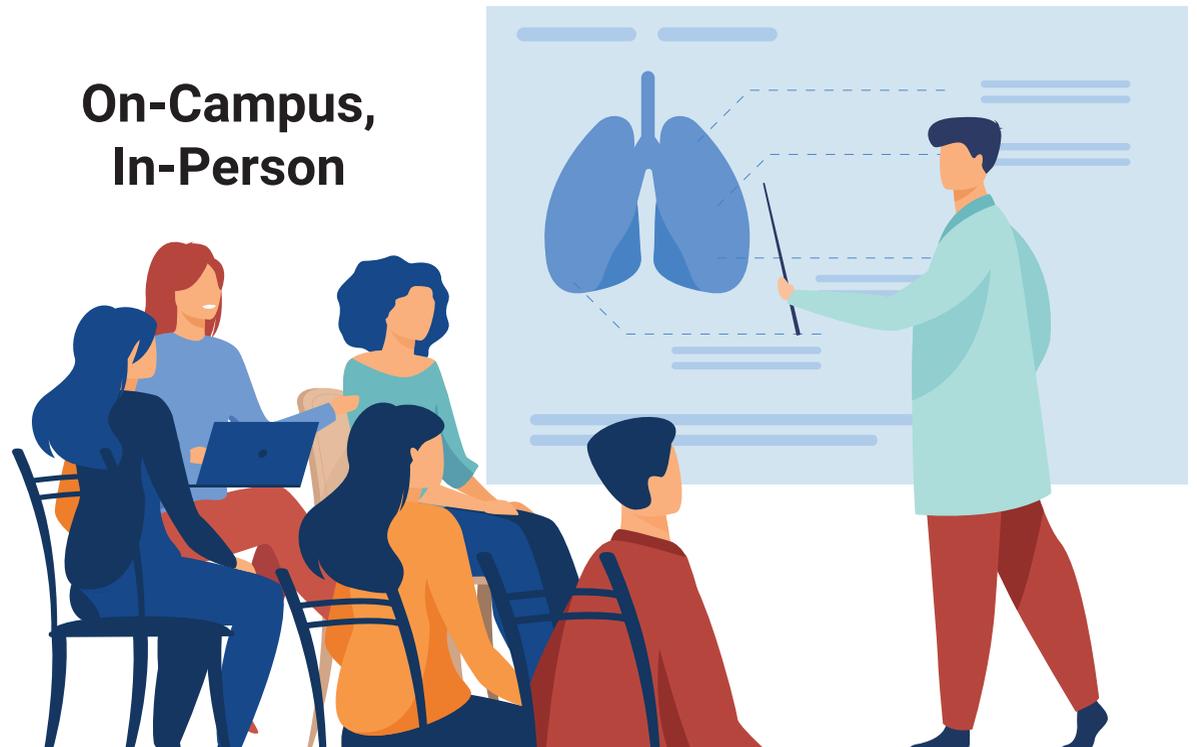
Students will attend the 4 week in-person summer intensive session at different university locations in the United States for each summer of the program. Additionally, students will attend the summer intensive session at a well-respected University outside of the United States. This study abroad trip will raise global awareness through students experiencing first-hand what it's like to practice medicine internationally.

Furthermore, students will learn about the social, economical, and environmental factors that affect the health of patients and populations in a healthcare system outside of the USA, with a particular focus on understanding the health inequities that exist between patient populations.

Online



**On-Campus,
In-Person**



PROGRAM LOCATION & DATES

Due to COVID-19, All MPP programs have been canceled for summer 2021 until further notice. We hope to offer our on-campus residential programs at all program locations in the states listed below, starting summer 2022. We are currently working with the universities that host our programs each summer to finalize [program location and dates](#).

In the event COVID-19 persists and does not allow for us to operate our residential program in 2022 we will operate virtually. We will accept applications for students to enroll in the MPP Academy as an online student.

- Programs at NAPCA have not been canceled since we opened our doors in 2009. We have been very fortunate. In the event that a NAPCA program session needs to be canceled, the decision will be based on causes beyond NAPCA's reasonable control. For these reasons, students will receive a full refund minus the non-refundable deposit. However, the total amount of the non-refundable deposit or reservation fee paid can be transferred to the next available program session.

✔ California

✔ Colorado

✔ Connecticut

✔ Florida

✔ Georgia

✔ Hawaii

✔ Kansas

✔ Massachusetts

✔ Nevada

✔ New Hampshire

✔ New York

✔ Pennsylvania

✔ Rhode Island

✔ Utah

✔ Virginia

✔ Washington

✔ Washington DC

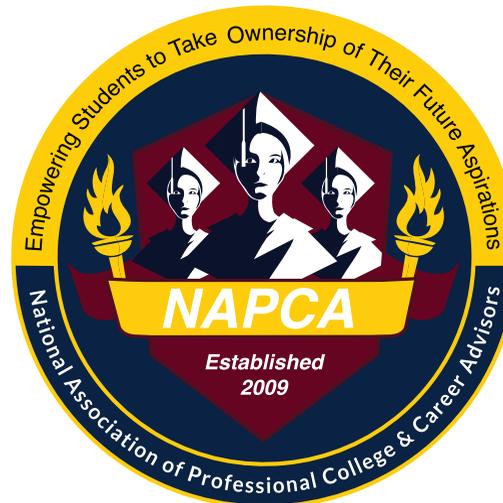
ACADEMY IMPACT

College Readiness: NAPCA students are better prepared for college than non-NAPCA students at specific schools served by NAPCA, surpassing students when it comes to “a-g” coursework and entrance exam completion, four-year college eligibility, college enrollment, college persistence, and college completion.

Coursework: NAPCA students are three times more likely to complete the “a-g” courses required for college admission than their non-NAPCA counterparts: 91% compared to 30%.

College Enrollment: 98% of NAPCA students attend college the first year after high school graduation.

College Success: The college persistence rates of NAPCA alumni are equal to or better than their campus counterparts who did not participate in NAPCA.





WHY CHOOSE THE MPP ACADEMY?

At NAPCA's MPP Academy, students build new friendships with high achieving students from around the world while exploring the career as a medical physician in-depth, receiving hands-on experience with different career paths in the field of Medicine & Healthcare, and developing the knowledge, skills, and mindsets needed to succeed in college, thrive in medical school, and advance in the field of medicine.



UNDERSTAND THE CORE COMPETENCIES OF MEDICAL SCHOOL

Student will learn about the **15 core competencies** that aspiring physicians should possess before entering medical school.

Laid out by the Association of American Medical Colleges (AAMC), the core competencies for entering medical school consist of a list of 15 traits the ideal medical student should possess.

RIGOROUS ACADEMIC INSTRUCTION

Students at the MPP Academy are provided with rigorous academic instruction. The curriculum mirrors current medical school education and students are provided with the opportunity to acquire knowledge and apply new concepts that they will encounter during their first year of medical school.

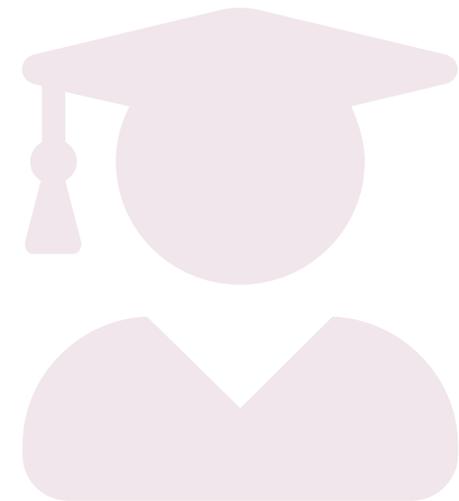


Our academic preparation, college readiness, and career exploration and planning curriculum will prepare students to break through the social, cultural, and academic barriers that most college students face on their path to college graduation and career entry. Our goal is to connect students with the knowledge, tools, and resources to help them become prepared to navigate the path to college entry and completion, and their career.

THE CURRICULUM CONTAINS 7 KEY COMPONENTS

Our curriculum aligns with the College and Career Readiness standards set forth by the U.S. Department of Education. In addition, the curriculum focuses on providing students with the academic preparation necessary to ensure they are prepared to succeed in college-level pre-med coursework and in all aspects of university learning.

- ✔ **Pre-Med Foundations: Preparing for Medical School**
- ✔ **Career Development, Planning, & Exploration**
- ✔ **Academic Skills Development & Writing for College and Career Success**
- ✔ **Navigating the College Admissions Process**
- ✔ **College Affordability Planning: Paying for College**
- ✔ **Breaking Through Barriers for College and Career Success**
- ✔ **Experience College Life**



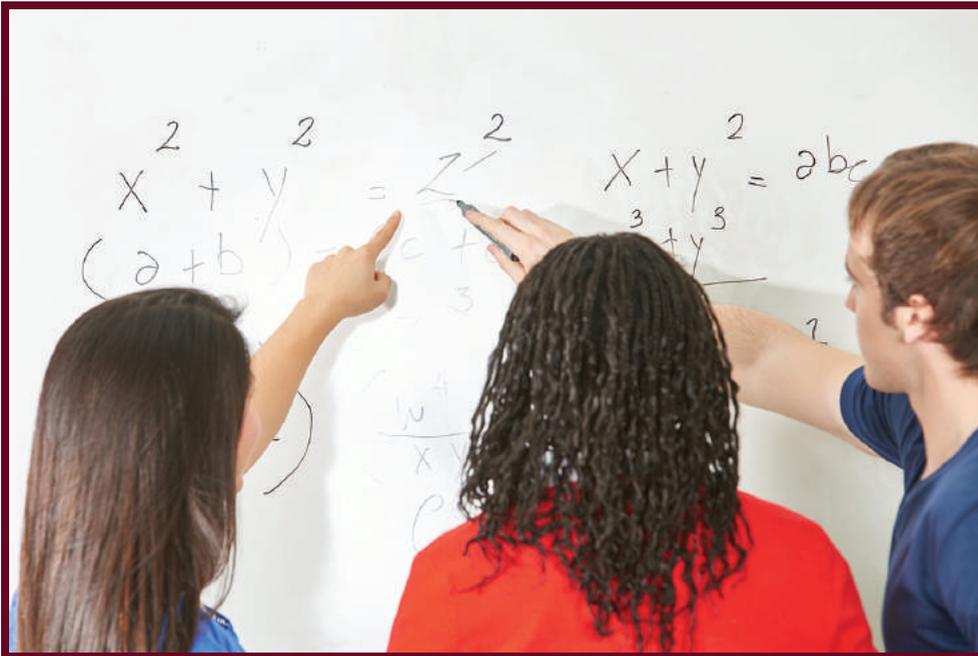


ACADEMIC SKILLS DEVELOPMENT SEMINARS

Our [Academic Skills Development Seminars](#) will prepare students for the rigors of college and medical school education and training. Students will develop a more strategic approach to reading, college-level writing, note-taking, and researching topics for an academic paper in a quicker, more effective, way. Some of the seminar topics include overcoming procrastination, time management, memory and concentration, note-taking, textbook reading, and exam preparation. Please note that these seminars are not intended as remedial skills instruction.

MATH AND SCIENCE COURSES

In our **Math and Science Courses** students build a stronger math and science foundation by taking pre-med math and science courses to strengthen their preparation for pre-med and medical school coursework.





NAVIGATING THE CAREER DECISION MAKING PROCESS COURSE

Our [Navigating the Career Decision Making Process Course](#), which provides a comprehensive guidebook to career exploration and planning, empowers students with the tools and resources to explore the career as a medical physician in-depth and develop a personal strategic action plan, which is a roadmap that will help students clearly outline a path to achieve their future career goal of becoming a medical physician.



MEDICAL SCHOOL ADMISSIONS AND FINANCIAL AID PROCESS SEMINARS

Our **Medical School Admissions and Financial Aid Process Seminars** will provide students with the tools and resources to navigate the medical school admissions and financial aid process. MPP students receive the tools to become a competitive applicant in order to gain admission into one of the nation's top medical schools.



UNDERGRADUATE ADMISSIONS AND FINANCIAL AID PROCESS WORKSHOPS

The MPP Academy also supports students by providing [Undergraduate Admissions and Financial Aid Process Workshops](#). Students gain the tools, hands-on experience, and resources to approach the competitive and complex college admissions and financial aid process. Additionally, students gain an understanding of the options available to pay for their college education, including, securing financial resources such as grants, scholarships, work-study, and loans.



PERSONALIZED GUIDANCE FOR COLLEGE AND CAREER PLANNING

Each student will receive **personalized guidance for college and career planning**. One-on-one and small group counseling is offered to each student to help navigate the career decision making process, college admission, financial aid and scholarship process.

Students gain the tools, hands-on experience, and resources to approach the competitive and complex college admissions and financial aid process with greater confidence, reduced stress and anxiety, and a competitive edge.

CAREER COACH PROGRAM

Our **Career Coaches** are paired with MPP students to serve as a resource to the student to support their professional and personal development into the medical field. Students, parents, and program staff work together to select a mentor for each student enrolled in our academic and career preparation programs.

The Career Coaches serving MPP Academy students are pre-med and medical students, resident physicians, and licensed medical physicians. Having coaches with different levels of experience and exposure to programming, and with varying levels of formal education and professional experience is a unique aspect of the program.



A close-up photograph of two medical students in white lab coats. They are looking at a tablet computer held by one of them. The student in the foreground is holding a white pen. The background is softly blurred, showing a window with light coming through. The overall tone is professional and focused.

MCAT TEST PREP SEMINARS

Our [MCAT Test Prep Seminars](#) provide effective preparation for the Medical College Admission Test, also known as the MCAT exam, which is incorporated into our program to reduce our students' stress and anxiety and to increase their confidence and improve their test taking skills. The seminars provide students with up to 40 hours of expert instruction, introduce test taking strategies, and offer timed practice testing. The Medical College Admission Test® (MCAT®), developed and administered by the AAMC, is a standardized, multiple-choice examination created to help medical school admissions offices assess a student's problem solving, critical thinking, and knowledge of natural, behavioral, and social science concepts and principles prerequisite to the study of medicine.



BECOME A COMPETITIVE APPLICANT FOR MEDICAL SCHOOL ADMISSIONS WORKSHOP

Our [Become a Competitive Applicant for Medical School Admissions Workshop](#) will equip our students with the knowledge and skills needed to develop and possess the 15 core competencies for entering medical students.



SOCIAL-EMOTIONAL SKILLS DEVELOPMENT SEMINARS

Our **Social-Emotional Skills Development Seminars** are intended to help students “break through their barriers and complete a postsecondary education degree or career training certificate or licensure program, specifically to enter careers that provide a sense of purpose and meaning to their lives.” These words are not just a description of our seminars; this is part of the NAPCA mission statement.



WELLNESS WORKSHOPS

Our **Wellness Workshops** provide students with strategies that encourage a focus on a wellness model to promote optimal health and well-being. Creating a balance for oneself is an important aspect to success as a medical professional. The choices and actions associated with a wellness model are meant to help people to thrive, to maintain and even improve health, to take ownership of one's health to prevent illness and develop a healthy lifestyle.

A photograph of three healthcare professionals in a hospital hallway. A male doctor with a beard and a stethoscope around his neck stands in the center, looking down at a tablet held by a female colleague on the right. A female colleague on the left is also looking at the tablet. They are all wearing white lab coats. The background shows a hallway with a door marked '116' and a blurred screen in the distance.

UNDERSTANDING THE HEALTHCARE SYSTEM IN THE UNITED STATES SEMINAR

Our [Understanding The HealthCare System in the United States Seminar](#) will provide students with the knowledge of the social, economical, and environmental factors that affect the health of patients and populations in the American healthcare system, with a particular focus on understanding the health inequities that exist between patient populations.



MEDICAL AND UNIVERSITY TOURS

Our [Medical School and University Tours](#) will help students decide which university or medical school is a good fit. A great way to make that decision is to visit each university in person, which can help determine which university is the right place for you. A university catalog, brochure, or website can only show you so much. To really get a feel for the University, MPP Academy students will spend time on campus discovering the unique culture and climate of each campus we visit. Students will sit in on a class, visit the dorms and dining halls, talk to students, faculty, financial aid advisers, and admission counselors.



MEET WITH CURRENT COLLEGE AND MEDICAL STUDENTS

Meet with current college students and medical school students who will share age-appropriate college life and medical school experiences as well as provide recommendations on how to start preparing for college and medical school.



VISIT YOUR INTENDED ACADEMIC MAJOR

Choosing and declaring an academic major by the end of your college sophomore year should be your number one priority. NAPCA students will visit their intended major department(s) to learn about the process to declare their intended academic major. If you are not yet sure of a major or you are choosing between a few majors, don't worry about it. We will help you choose a major that is aligned with your career goal.

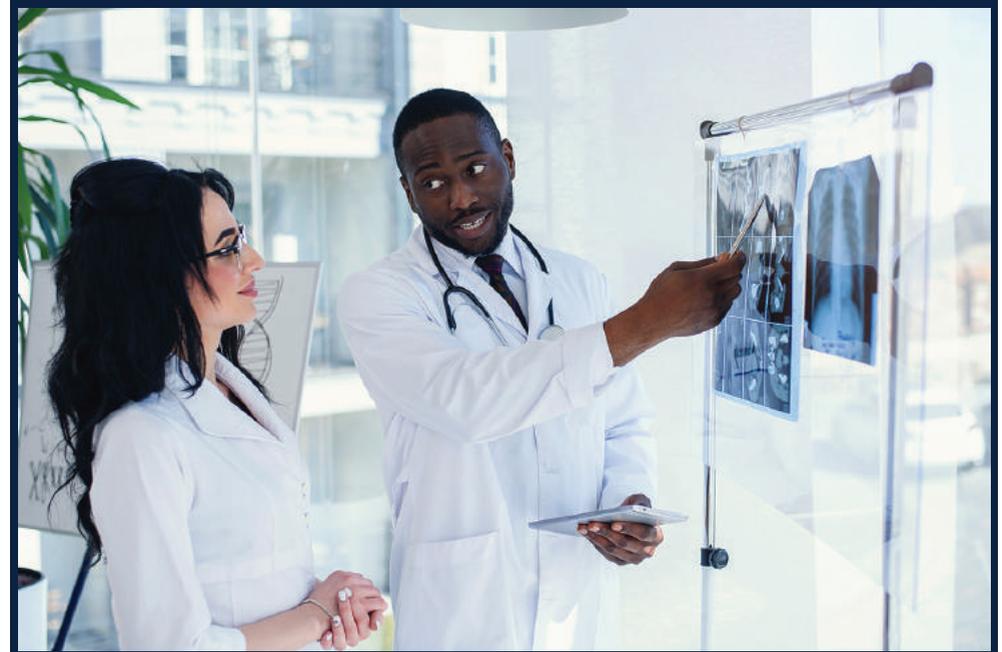


MEDICAL FACILITIES AND CLINIC TOURS

Our [Medical Facilities and Clinics Tours](#) provide students with the opportunity to observe “a day in the life” of physicians and residents.

MEDICAL SPECIALTIES AND CAREER OPPORTUNITIES WORKSHOPS

Our **Medical Specialties and Career Opportunities Workshops** connects students with a diverse group of accomplished professionals from different specialties in the medical field to gain exposure and learn about the wide variety of medical specialties and career opportunities in medicine. Students will better understand the planning and preparation for selecting a medical specialty.





HANDS-ON CAREER SIMULATIONS AND TEAM-BASED LABS

In our [Hands-On Career Simulations and Team-Based Labs](#) students gain valuable, hands-on experience as they work together in teams while learning a variety of medical techniques that medical physicians must know in order to provide high-quality care to their patients. Our simulation activities range from the basics of interacting with patients, checking vitals, providing wound care, making incisions, administering injections, to suturing.



SERVICE LEARNING COURSE

Our **Service Learning Course** helps to facilitate and encourage collaboration with leaders who are focused on eliminating health disparities and ensuring access to care for all. Students will have an opportunity to use what they have learned to help the communities they serve and deepen their understanding of how systemic factors far beyond individual patients and physicians shape the health of entire communities.



EARN FIRST AID, CPR, AED, AND BLS CERTIFICATION COURSE

Our Earn First Aid, CPR, AED, and BLS [Certification Course](#) provides students with the knowledge and skills to safely and effectively respond to medical emergencies in your community. Specifically, students will be able to provide care to anyone who is experiencing cardiac arrest, respiratory distress, or an obstructed airway.

CONNECTING STUDENTS TO MEANINGFUL WORK-BASED LEARNING OPPORTUNITIES

The MPP Academy focuses on **Connecting Students to Meaningful Work-Based Learning Opportunities** to help students gain and practice the knowledge, core values, and skills needed to thrive in medical school and advance in the field of medicine.



SAFETY & SUPERVISION

Student safety and supervision are our first priority at NAPCA. Campus security officers and designated NAPCA staff frequently patrol all campus facilities used by the program and are trained in safety and emergency procedures.

Our student-to-staff ratio of 10:1 will ensure that our students are supervised and cared for during the program. Students are supervised by MPP staff throughout their entire day as they move from activity to activity in our small group format. Staff are carefully recruited from top universities across the globe. Staff members are carefully screened, undergo extensive background and reference checks, and are CPR & First-Aid Certified.

Comprehensive communication plans are put in place prior to the start of programs. Staff members remain in constant contact with each other and with the on-site office. Emergency communication plans are also in place, allowing us to communicate directly with parents in the event of an emergency.





SUPPORTIVE LEARNING ENVIRONMENT

At the MPP Academy we understand the importance of a **supportive learning environment** and mistreatment and disrespect are unacceptable, whether in the classroom or outside the educational setting. Our program staff strives to maintain a welcoming and inclusive environment for all students. We make it easy for you to let us know how things are going so we can continuously make improvements.



RECREATIONAL & FITNESS ACTIVITIES

There are a wide variety of **recreational and fitness** opportunities provided for NAPCA students on campus. Students will have the opportunity to participate in group fitness activities such as yoga and jogging around campus. Students will also have the opportunity to engage in healthy competition as they participate in various sports and recreational activities.



LIVE & LEARN ON A COLLEGE CAMPUS

NAPCA students have the option to **live on campus within a safe and secure college environment** while learning to live and interact with their peers and residential staff. Living on campus is the best way to fully experience college life.

The on-campus experience offers students both convenience and a sense of community, and provides students the opportunity for more student and faculty interaction, enhancing learning and academic, social, and personal growth.

For those students that live on campus, nightly room checks are conducted to ensure all students are safe and secure, and designated staff perform scheduled walkthroughs of the residence halls while students are resting in their dorm rooms from 11:00pm to 7:00am. During site visits, all students must stay with their assigned group and staff member as well as cooperate with site-specific security measures.



DINING ON CAMPUS

Three meals a day will be offered to all students that participate in the program. Students and program staff will eat together family style. We do our best to ensure that every student, faculty, and staff member has the option to eat creative, delicious, nutritious meals every day, even if they have food allergies or special dietary needs dictated by health, ethical, religious, or medical reasons.

FUN ACTIVITIES & EXCURSIONS

At the MPP Academy, students can expect to work hard and play hard! **Fun activities and excursions** are an important element of the program and students can expect to visit local attractions and participate in a variety of fun indoor and outdoor activities that provide an unforgettable summer experience.



CHOOSE YOUR NAPCA EXPERIENCE

Commuter students live at home and commute to the MPP program daily. Commuter students are required to sign-in daily at 8am and sign-out at the end of the day. Sign-out time varies by program location. You can expect to sign-out of the program sometime around 5pm. On the days that we have special events, group activities, site visits, and medical school tours, students can expect to sign out between 6pm and 9pm.

Commuter extended students also live at home and commute to the MPP program daily, however this extended option aids families who are not able to pick up their student at 5pm. Elementary and middle school families that choose the commuter extended option must pick up their student by 7pm. High school students must be picked up no later than 9pm.

Residential students live on-campus while attending the MPP Academy. Living on campus is not required to participate in the program and is an optional programmatic feature to experience first-hand what it feels like to be a college student. Furthermore, the residential student option aids families who are unable to drop off and pick up their students from the program daily.

Online students attend live meetings using a video conferencing tool such as Zoom, which facilitates real-time communication between students and instructors via audio, webcam, and text-based chat.



FINANCIAL ASSISTANCE

Make your NAPCA experience possible through our Financial Assistance Program

The NAPCA Foundation understands that family circumstances may not enable all qualified students to attend a program without financial assistance. Therefore, through the generosity of donors, financial assistance, to the extent possible, will be made available to assist as many admitted students as possible.

JOIN OUR NEXT COHORT

We invite you to join our amazing community of student leaders who are serious about exploring the field of medicine and making a positive impact in their community.

[APPLY NOW](#)



Medical Physician Preparation (MPP) Academy

A Division of the NAPCA Foundation

Empowering students with the tools and mindsets to define their life's purpose/career path, break through their barriers, and take ownership of their future college and career aspirations.



NAPCA 2030 Goal

We will help 1,000,000 students enter and complete a postsecondary education degree or career training certificate or licensure program, specifically to enter careers that provide a sense of purpose and meaning to their lives.

ADMISSION CHECKLIST FOR PROSPECTIVE STUDENTS

Step 1: Prepare to Apply

✓	ACTION ITEM	DEADLINE
●	Review MPP Academy Website	Immediately
●	Register and Attend Virtual Information Session	Immediately
●	Review MPP Logic Model	Immediately
●	Review "Why Choose the MPP Academy" webpage on our website, which discusses the features and benefits of the program.	Immediately

ADMISSION CHECKLIST FOR PROSPECTIVE STUDENTS

Step 2: Apply to the MPP Academy

✓	ACTION ITEM	DEADLINE
●	Review Admission Requirements	Prior to Applying
●	Gather Required Documentation: <ul style="list-style-type: none">● Program name, location(s), session date(s) you would like to be considered for admission - you can apply to more than one program session.● Parent Info: provide your parent(s) name, email address, home address, phone number, and occupation.● Admission Essay: upload your admission essay. (N/A for Elementary Program)● Student Info: provide your date of birth, email address, phone number, and photo.● School Information: provide your school's phone number, address, and counselor's name and email.● Unofficial Academic Transcript: upload your unofficial academic transcripts or most recent report card.	Prior to Applying

ADMISSION CHECKLIST FOR PROSPECTIVE STUDENTS

Step 2: Apply to the MPP Academy

●	Request Letter of Recommendation from Your Teacher	Immediately following your submitted application for admission
●	Parent/Student Attend an Admissions Interview	<p>Within 2 weeks after you have submitted a complete online application including the admissions essay and unofficial transcript you will be contacted by a staff member from the MPP Academy Office of Admissions and will be asked to attend an Admissions Interview via telephone. The Admissions interview typically takes approximately 10-15 minutes to complete.</p> <p>During the interview session, we will ask questions about the student's academic and career goals, why they decided to apply for admission, and their extra-curricular activities. In addition, we will ask parents questions to get a better insight on where their son or daughter is today as it relates to their college and career path. Please be prepared to do most of the talking! Additionally, prospective students along with their parents will have an opportunity to ask specific questions about the MPP Academy.</p>
●	Apply for Financial Assistance (Optional) MPP Academy Financial Assistance Application	<p>Immediately following your submitted application for admission</p> <p>There is no deadline. Limited aid is available and an application is not a guarantee of financial assistance. Financial Assistance awards are made on a rolling basis and will be distributed until all funds have been exhausted.</p>

Medical Physician Preparation (MPP) Academy

Empowering students with the tools and mindsets to define their life's purpose/career path, break through their barriers, and take ownership of their future college and career aspirations.

MPP Goals

Goal 1: To introduce students to a variety of career paths in the field of medicine and healthcare that they would not be exposed to on their own. The focus is to get students excited about the opportunity to pursue a career as a medical physician.

Goal 2: To cultivate the next generation of physicians and leaders in medicine who will have the knowledge, skills, and mindsets to thrive in medical school and impact the healthcare of our communities. The focus will be to provide a safe and engaging environment for students and to deliver a comprehensive program to prepare students for college and a career in medicine and healthcare.

Goal 3: Prepare students to present strong academic credentials to medical school admissions committees and provide in-person and virtual workshops and seminars focusing on premedical academic preparation, social-emotional skills, and navigating the medical school admissions and financial aid application process.

CONTACT US

NAPCA Foundation
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OFFICE OF SUPPORT SERVICES

We are here for you
U.S.A. Students:
Support@MPP.napcaonline.org
International Students:
iSupport@MPP.napcaonline.org

OFFICE HOURS

Monday – Friday: 10:00am – 6:00pm