



Medical Physician Preparation (MPP) Academy

Undergraduate Program

Committed to Building A Diverse Pipeline of Future
Medical Doctors to the Physician Workforce.



What you'll find inside

Overview	01
Why Choose MPP	11
Student Life	12
Curriculum Snapshot	15
Admissions	21
Dates & Locations	25
Sample Schedule	26
Tuition & Fees	30
Financial Assistance	33



OVERVIEW

The Medical Physician Preparation (MPP) Academy Undergraduate Program is a hybrid, year-round, medical school preparation pipeline certificate program. Our online/on-campus pipeline program targets college freshman, sophomores, and juniors from all backgrounds, including students underrepresented in medicine, who might not have considered a career as a medical physician or have already committed to pursuing a career in medicine. **Our program is designed to attract, recruit, and nurture a diverse pipeline of future medical students who are academically and mentally prepared with social-emotional skills and resilience to:**

- ✔ Successfully complete pre-medical college coursework
- ✔ Enter and complete medical school
- ✔ Complete residency requirements to become licensed to practice medicine in a medical specialty that provides a sense of purpose and meaning to their lives.

Our program prepares the next generation of physician leaders to impact the healthcare of our communities. The program is delivered in a hybrid, online/on-campus format through four integrated components:



"Pre, Pre-Med"

Academic Year Program

(Hybrid: Online/On-Campus)

During the academic year, students attend live online classes face-to-face with faculty and other program students via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks. In addition, students meet in-person on a university campus, once a month on Saturdays. Students will not meet during holidays.

Additionally, students participate in a variety of academic and career preparation experiences throughout the year, in collaboration with practicing physicians and medical scientists, leading medical schools, and healthcare institutions throughout the nation.

APPLY NOW: We are accepting applications from high achieving students who will be enrolled as a college freshman, sophomore, or junior in Fall 2023.

Seats are limited. **Deadline to Apply:** August 5, 2023

Attend a Virtual Information Session: [Register](#)



"Pre, Pre-Med"

Summer Intensive Program

(On-Campus | Fully Online)

Students participate in a 4 Week on-campus, in-person summer intensive at a top university. Students commute to the program daily or live in the dorms on a university campus, spend 8-10 hours a day learning and experiencing a first-hand account of the first year of medical school. Participants take pre-med foundational courses and a variety of college and career readiness workshops. The hybrid learning experience of this program allows you to choose between attending summer intensive class sessions in person or fully online.

Enrollment Options: Students enroll in the 4 week summer intensive as a:

- ✓ Commuter student (8:00am – 5:00pm)
- ✓ Residential student (Live on campus)
- ✓ Online student (Offered fully online to students who are unable to attend in-person)

APPLY NOW: We are accepting applications from high achieving students who will be enrolled as a college freshman, sophomore, or junior in Fall 2023.

Seats are limited. **Deadline to Apply:** March 31, 2024

Attend a Virtual Information Session: [Register](#)



Hands-On, Physician-Led Clinical Experiences

(Online/On-Campus)

To ensure students have beneficial clinical experiences, students will work with one of our Clinical Experience Instructors, who will personally guide student learning and respond to any questions during hands-on, clinical experience workshops. Here are a few clinical simulations that we offer:

- ✓ Elliptical Incision and Suturing Techniques
- ✓ Casting and Splinting Technique
- ✓ Assessment of Vitals Signs: Temperature, HR, RR, BP, Pulse Ox
- ✓ Identifying Cranial Nerves 1 – 12
- ✓ Testing Bilateral Visual Acuity
- ✓ Six Cardinal Motions of the 3 Primary Extraocular Muscles
- ✓ Identification of Heart Sounds and Murmurs
- ✓ Visualization of Ear Anatomy
- ✓ Identification of Lung Sounds



'So You Want to be a Medical Doctor?'

Virtual Youth Conference

(Online via Zoom)

The 'So You Want to be a Medical Doctor?' Virtual Youth Conference is a free, national early outreach medical physician pipeline program offered to schools throughout the year via Zoom. In addition to the possibility of attending the virtual youth conference with their school, MPP Academy students will attend an exclusive conference in the Fall, Spring and Summer. Participation in the youth conference provides students with the opportunity to network with other students across the United States and Canada. The program is **facilitated by medical school students, practicing medical physicians and scientists, and medical school faculty and leaders.**

The initiative was established to support the goal of the MPP Academy: **To attract and build a diverse pipeline of future medical doctors, as early as 4th grade, to the physician workforce.**

- ✔ Clinical Simulation Experience
- ✔ Pre-College Human Anatomy & Physiology Seminar
- ✔ Medical School Panel Discussion, Q&A Session: Preparing for Pre-Medical University Coursework & Medical School

[LEARN MORE](#)

Why Hybrid (Online/On-Campus)?

MPP Academy's hybrid "Pre-Med" academic year program helps reduce the time and cost of traveling back and forth from your home to the university campus on a weekly basis for 35 weeks during the school year (Fall, Winter, and Spring semesters). The online learning component of the program provides students with a student-centered, highly collaborative, and engaging environment.



PROGRAM DETAILS

Program Length

The MPP Academy Undergraduate Program is a year-round, hybrid program built on a cohort learning model. Cohorts consist of up to 25 students from diverse backgrounds who progress through the program together.

Program Structure: Delivered through three integrated components:

- ✔ Academic Year Program (Online/On-Campus)
- ✔ 4 Week Summer Intensive Program (On-Campus or Fully Online)
- ✔ Clinical Experiences (Online/On-Campus)

Online/On-Campus 35 Week Academic Year Program

- ✔ Deadline to Apply: August 5, 2023
- ✔ Students attend online classes face-to-face with their cohort via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks.
- ✔ Students meet in-person on a university campus, once a month on Saturdays (In-person class sessions will be recorded for students that need to attend virtually).

Summer Intensive Program

- ✔ **Deadline to Apply:** March 31, 2024
- ✔ Students enroll in the **4 week** summer intensive as a:
 - ✔ Commuter student (8:00am – 5:00pm)
 - ✔ Residential student (Live on campus)
 - ✔ Online student (Offered fully online to students who are unable to attend in-person)



Capstone Project with Support in Thematic Groups



- ✔ Small groups of students using a common approach work collaboratively to complete their own “Personal Strategic Action Plan (PSAP)” to discover their core personal values, conduct a career field analysis, choose and explore their career of interest and specialty, and develop a roadmap to reach their career goal.

PROGRAM BENEFITS

Student Learning Objectives

Prepare Early to Become a Competitive Applicant for Medical School

- ✔ Our program empowers students with the mindsets and tools, resources and support, and core competencies that a competitive applicant should possess before entering medical school.

Year-Round Academic Preparation for Pre-Med University Coursework

- ✔ Students are provided with the academic preparation necessary to ensure they are prepared to complete college-level pre-med coursework to meet medical school admission requirements.
- ✔ Substantive academic instruction in areas specific to the knowledge, skills, and abilities of students entering medical school are provided, with the intent to prepare students to acquire the 15 core competencies that a competitive applicant should possess before entering medical school, as defined by the Association of American Medical Colleges.
- ✔ Pre-medical preparation will increase completion in pre-med math and science gateway college courses with grades that allow students to be more competitive for admission to medical school.
- ✔ Students learn through a systems-based curriculum aligned with clinical experiences.



Social-Emotional Skills & Resiliency Training

- ✔ Social-emotional skills training, with an emphasis on resilience, is included in the MPP curriculum because of its affirmative impacts on empowering students with the mindsets and tools to break through their academic and non-academic barriers, to maintain motivation, and ultimately, to achieve their future career goal of becoming a medical physician.

Career Exploration & Planning Guidebook: Navigating the Path to Medical School

- ✔ Students will receive a comprehensive textbook (written exclusively for MPP Academy participants) that empowers them with the mindsets, tools, and resources to navigate the career exploration and planning process. Additionally, students will develop a personal strategic action plan (i.e., Pre-Med Roadmap to Medical School) as part of their capstone project.

Hands-On, Physician-Led Pre-Med Clinical Experience & Simulation Activities

- ✔ Hands-on clinical experience and simulations developed and taught by medical scientists and practicing physicians.
- ✔ Simulation activities range from the basics of interacting with patients, checking vitals, providing wound care, making incisions, administering injections, to suturing.



PROGRAM HIGHLIGHTS

HANDS-ON, PHYSICIAN-LED CLINICAL EXPERIENCES

Students will be exposed to the techniques of doctors and other medical professionals during hands-on clinical rounds.

Hands-on clinical workshops and simulations include:

-  **Assessment of Vitals Signs:**
Temperature, HR, RR, BP, Pulse Ox
-  **Identifying Cranial Nerves 1 – 12**
-  **Sterile Gown Technique and PPE (Personal Protective Equipment)**
-  **Elliptical Incision and Suturing Techniques**
-  **Casting and Splinting Technique**
-  **Standardized Patient Care: Patient Interview and Diagnostic Skills**
-  **Testing Bilateral Visual Acuity**
-  **Six Cardinal Motions of the 3 Primary Extraocular Muscles**
-  **Pupillary Light Reflex and Cranial Nerve III**
-  **Visualization of Ear Anatomy**
-  **Identification of Heart Sounds and Murmurs**
-  **Identification of Lung Sounds**

INTERNATIONAL EXPERIENCE TRIP

Students will attend a 1 week on-campus MPP Academy summer intensive program at a well-respected University/medical school outside of the U.S. This study abroad trip will raise global awareness through students experiencing first-hand what it's like to practice medicine internationally.

Additionally, students will learn about the social, economical, and environmental factors that affect the health of patients and populations in a healthcare system outside of the USA, with a particular focus on understanding the health inequities that exist between patient populations.



Due to COVID-19, the international experience trip has moved online. For more information, please inquire with the MPP Academy office.

WHY CHOOSE MPP



Medical physician
Preparation (MPP)

5 Reasons

Why You Should Attend
The MPP Academy

5 Reasons to Attend The MPP Academy

Learn the top reasons to attend the Mpp
Academy

[Watch Video](#)

[Download PDF](#)

01



Become a competitive medical
school applicant as well as become
better prepared to thrive in medical
school.

02



You will have early exposure to the
role and responsibilities of a medical
physician which will also help you
determine whether or not a career as
a medical physician is a good fit for
you.

03



The curriculum mirrors current
medical school education.

04



The MPP Academy nurtures within
you the resilience, grit and
social-emotional skills needed to
thrive in medical school and beyond.

05



MPP Academy will connect you to
meaningful work-based opportuni-
ties and 1-on-1 personalized academ-
ic and career guidance.

STUDENT LIFE

FUN ACTIVITIES & EXCURSIONS

Looking for fun things to do this summer? We've got you covered. In addition to your academic coursework and career exploration experiences, you will participate in a variety of fun indoor and outdoor activities that will provide you with an unforgettable summer experience.



Disneyland

For six decades, Disneyland has captured imaginations, stirred emotions, and unleashed the unabashed joy of childhood in millions of guests. Now's the time to live out your Disney Dream with your MPP Academy family!



K1 Speed Go-Kart Racing

Get ready to enjoy an indoor go kart racing experience with you MPP Academy family.



Sky Zone Indoor Trampoline Park

Join us for dodgeball, slam dunk on a 10-foot basketball net, flip into a pool of foam, or simply bounce around!



Star Trek: Discovery Virtual Reality

MPP Academy students and staff will join the crew aboard the U.S.S. Discovery. In your role as Starfleet officers, you'll have the chance to stand on a transporter pad with your own two feet and get beamed to your Away Mission.



Karaoke

Think you can sing like Shawn Mendes, Taylor Swift, or the Jonas Brothers? Or do you think you can rap like Drake? Come show off your singing or rapping skills at the MPP Academy Karaoke Studio.



Ice Skating

Want to race? Come out and join the MPP Academy and staff on a beautiful night by taking some laps around the skating rink and enjoy your new friends!



iFly Indoor Skydiving

iFly is an indoor skydiving experience that creates true free fall conditions, just like skydiving without having to jump out of an airplane. It's just you and the air, and it's the most incredible adrenaline rush!



Dance Party

You came in as strangers and you now prepare to part as close friends—but not before you party together at the final dance! There will be a live DJ mixing up your favorite tunes and plenty of snacks and beverages to keep you going into the night.



Six Flags Magic Mountain

Are you a thrill seeker? Students will have the opportunity to enjoy the gold standard of theme parks with your peers and the MPP Academy staff.



Bowling

Bowling is an evening of fun for everyone! Come show your skills in the bowling alley or just hang out and eat some delicious pizza and wings while you relax in the lounge areas.



Roller Skating

Want to race? Come out and join the MPP Academy and staff on a beautiful night by taking some laps around the skating rink and enjoy time with your new friends!



Swimming / Pool Party

It's time to bring out the sunglasses and tanning lotion, and get your swim on! Feel the vibes with music thumping and relaxing by the pool with your friends while you soak up the sun.



Netflix & Chill Movie Room in University Dorms

We bring the movie theater to the MPP Academy. Students will be able to watch and enjoy all of their favorite movies and TV shows on Netflix.



Movie Night

Lights, Camera, Popcorn! Students and the MPP Academy program staff will watch an entertaining movie at one of the top movie theaters in the U.S.



Ice Cream Socials

I scream, you scream, we all scream for ice cream! Whatever your favorite flavor is, it is time to indulge with your friends and MPP Academy program staff.



Six Flags Waterpark

Be cool! MPP Academy is ready to take you out to the water slides and lots of refreshingly cool water.



Game Night

Prepare yourself for a fun night of games and tap into the strategist within.



An Evening at a Major League Baseball Game

MPP Academy students and staff will spend an evening cheering on a Major League Baseball team such as the Los Angeles Dodgers.



Inflatable Water Slides

Students will have the opportunity to play inflatable games such as "wipe out" and cool down from the summer heat by enjoying our inflatable water slides.



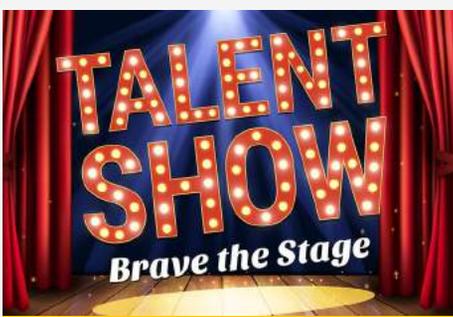
Inflatable Games

Students will have the opportunity to splash around and cool down from the summer heat by enjoying our Inflatable Water Park!



Fun Under the Sun at the Beach

MPP Academy students and staff will spend an afternoon enjoying the beach. Join the fun and relax a little with your new friends!



Open Mic / Talent Show

Whether it's singing a pop-culture song, playing a Beethoven sonata, or sharing an athletic feat, the Talent Show at the MPP Academy is sure to be a time of amazing entertainment.

CURRICULUM SNAPSHOT

The Program Curriculum Contains 7 Key Components:

- ✓ Pre-Med Foundations: Preparing for Medical School
- ✓ Career Development
- ✓ Career Exploration & Planning: Navigating the Career Decision Making Process
- ✓ Academic Skills Development & Writing for College and Career Success
- ✓ Medical School Affordability Planning: Paying for Medical School
- ✓ Social and Emotional Skills for College & Career Readiness
- ✓ International Experience: Cultural & Global Awareness Programming

Pre-Med Foundations: Preparing for Medical School

MPP Academy students will be prepared to become a competitive medical school applicant, with the mindset, tools, and resources to thrive in medical school and beyond. Additionally, students will gain the knowledge and hands-on experience to navigate the complex medical school admissions and financial aid process with greater confidence, reduced stress and anxiety.

Aligns with [NAPCA's 15 College and Career Readiness Standards](#) as well as [AAMC's 15 Core Competencies for Entering Medical Students](#).

- ✓ Career Exploration and Planning: Career Decision-Making Processes
- ✓ Connecting Students to Meaningful Work-Based Learning Opportunities
- ✓ Workplace Readiness: Fundamental Skills and Workplace Competencies
- ✓ Building a Strong Academic Foundation for College Success
- ✓ AAMC's Science Core Competencies for Entering Medical Students
- ✓ AAMC's Thinking and Reasoning Core Competencies for Entering Medical Students
- ✓ AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

MPP 500:

Understanding the HealthCare System in America

MPP 501:

Medical Ethics

MPP 502:

Introduction to First Year Medical School Curriculum

MPP 503:

Introduction to Careers in the Field of Medicine

MPP 504:

Becoming A
Competitive Applicant
for Medical School

MPP 505:

Navigating the
Medical School
Admissions Process

MPP 506:

MCAT Test Prep

MPP 507:

First Aid & CPR
Training &
Certification

MPP 508:

HIPAA Compliance
Training &
Certification

MPP 509:

AED & BLS Training &
Certification

MPP 510:

Site Visits to Local
Hospitals & Clinics

MPP 511:

Medical School Tours

MPP 512:

Service Learning
Community Projects

MPP 513:

Understand the Core
Competencies for
Entering Medical
Students



Academic Preparation

The curriculum focuses on providing students with the academic preparation necessary to ensure they are prepared to succeed in college-level pre-med coursework and in all aspects of university learning.

MPP 514:

Anatomy & Physiology
I & II (Systems,
Structure, & Function
of the Human Body)

MPP 515:

General Biology

MPP 516:

Cell & Molecular
Biology

MPP 517:

Organic Chemistry
I & II with Lab

MPP 518:

Pre-Calculus

MPP 519:

Calculus

MPP 520:

Statistics

MPP 521:

Communication
Skills I & II

MPP 522:

Research Seminar and Methods

MPP 523:

Introduction to Microbiology

MPP524:

Introduction to Psychology

MPP 525:

Introduction to Biochemistry

**MPP 526:**

Introduction to Human Genetics

MPP 527:

Introduction to Medical Laboratory Technology

MPP 528:

Introduction to Immunology, Microbiology & Pathology

Career Exploration & Planning: Navigating the Career Decision Making Process

This component of the curriculum provides a comprehensive textbook (written exclusively for MPP Academy participants) to empower students with the tools and resources to explore the career as a medical physician in-depth. Students also develop a personal strategic action plan, which is a roadmap that will help students to clearly outline a path to achieve their future career goal of becoming a medical physician.

Aligns with [NAPCA's College and Career Readiness Standards](#):

- ✔ Career Exploration and Planning: Career Decision-Making Processes
- ✔ Connecting Students to Meaningful Work-Based Learning Opportunities
- ✔ Workplace Readiness: Fundamental Skills and Workplace Competencies
- ✔ Phases I through IV of Career Exploration and Planning Guidebooks (Future Medical Physician and General Career Exploration)

MPP 529:

Phase I: Self-Discovery through Introspection & Outrospection: Conducting a 360-Degree Review of Your Core Values & Interests

MPP 530:

Phase II: Choosing and Exploring Your Career of Interest: Conducting a Career Field Analysis

MPP 531:

Phase III: Conducting an In-Depth Analysis of Your Career Specialty

MPP 532:

Phase IV: Building Your Personal Strategic Action Plan (PSAP): Education and Career Plan

**MPP 533:**

PSAP - Capstone Project

Academic Skills Development & Writing for College and Career Success

This component of the curriculum focuses on providing students with the academic preparation necessary to ensure they are prepared to succeed in college-level pre-med coursework and in all aspects of university learning. Students will develop a more strategic approach to reading, college-level writing, note-taking, and researching topics for an academic paper in a quicker, more effective, way. Some of the seminar topics include overcoming procrastination, time management, memory and concentration, note-taking, textbook reading, and exam preparation. Please note that these seminars are not intended as remedial skills instruction.

Aligns with [NAPCA's 15 College and Career Readiness Standards](#) as well as [AAMC's 15 Core Competencies for Entering Medical Students](#).

- ✓ Academic Skills Development
- ✓ Building a Strong Academic Foundation for College Success
- ✓ Participation in College and Career Readiness Academic Achievement Programs, Events, and Activities
- ✓ AAMC's Thinking and Reasoning Core Competencies for Entering Medical Students
- ✓ AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

MPP 541:

Overcoming Procrastination

MPP 542:

Time Management and Goal Setting

MPP 543:

Memory and Concentration

MPP 544:

Note Taking

MPP 545:

Textbook Reading Skills for Success

MPP 546:

Exam Preparation and Relieving Test Anxiety

MPP 547:

College Writing I

MPP 548:

College Writing II

MPP 549:

Study Techniques

MPP 550:

Taking Advantage of On-Campus Academic Support

MPP 551:

Public Speaking

MPP 552:

Balancing Academics with Extracurricular Activities

MPP 553:Organizational Skills
for Student Success**MPP 554:**Research Skills for
Student Success**MPP 555:**Power Reading
Strategies:
Comprehension &
Speed

Social and Emotional Skills for College & Career Readiness

The Social-Emotional Seminars are intended to help students “break through their barriers and complete a postsecondary education degree or career training certificate or licensure program, specifically to enter careers that provide a sense of purpose and meaning to their lives”. The Wellness workshops are meant to help students to thrive, to maintain and even improve health, to take ownership of one’s health to prevent illness and develop a healthy lifestyle.

Aligns with [NAPCA's 15 College and Career Readiness Standards](#) as well as [AAMC's 15 Core Competencies for Entering Medical Students](#).

- ✔ Social and Emotional Learning: Skills and Competencies for College and Career Readiness
- ✔ AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

MPP 556:Breaking through the
Fear of Failure,
Success & the
Unknown**MPP 557:**Managing Stress and
Anxiety**MPP 558:**Embrace Your Failure,
Learn From Your
Mistakes & Move
Forward**MPP 559:**Building & Sustaining
Healthy Relationships**MPP 560:**Replace Negative
Self-Talk with Positive
Self-Talk**MPP 561:**Manage Your
Emotions, Negative
Thoughts, and
Feelings**MPP 562:**Ask For Help When
You Need It**MPP 563:**Making Effective
Decisions**MPP 564:**Step Out of Your
Comfort Zone**MPP 565:**Eating Healthy and
Staying Fit**MPP 566:**Interpersonal &
Communication Skills**MPP 567:**Special SEL Topics
Seminar

Medical School Affordability Planning: Paying for Medical School

Students will learn about the social, economical, and environmental factors that affect the health of patients and populations in a healthcare system outside of the USA.

Aligns with [NAPCA's College and Career Readiness Standards](#):

- ✔ Career Exploration and Planning: Career Decision-Making Processes
- ✔ Nurturing Student's College and Career Aspirations
- ✔ Connecting Students to Meaningful Work-Based Learning Opportunities
- ✔ Workplace Readiness: Fundamental Skills and Workplace Competencies
- ✔ Phases I through IV of Career Exploration and Planning Guidebooks (Future Medical Physician and General Career Exploration)



MPP 568:

Understand Your Options to Pay for Medical School

International Experience: Cultural & Global Awareness Programming

Students will learn about the social, economical, and environmental factors that affect the health of patients and populations in a healthcare system outside of the USA.

Aligns with [NAPCA's College and Career Readiness Standards](#):

- ✔ Career Exploration and Planning: Career Decision-Making Processes
- ✔ Nurturing Student's College and Career Aspirations
- ✔ Connecting Students to Meaningful Work-Based Learning Opportunities
- ✔ Workplace Readiness: Fundamental Skills and Workplace Competencies
- ✔ Phases I through IV of Career Exploration and Planning Guidebooks (Future Medical Physician and General Career Exploration)

MPP 569:

Study Abroad Summer Intensive



ADMISSIONS

Admissions Process:

We are now accepting applications for the next cohort of students at the MPP Academy! There is no cost to apply. We use a rolling admissions process which means that our office of admissions team will evaluate applications as they are received versus waiting to evaluate all applications after a hard deadline. Therefore, we will accept applications until we have filled all seats for the incoming cohort.

Admission Checklist for Prospective Students:

We have put together a flow chart which we hope will help you understand the MPP Academy's admissions process.

[Download: Admission Checklist for Prospective Students](#)

Age Requirements:

U.S. and International students, ages 13-18, are invited to apply for admission. U.S. citizenship is not required, but an excellent command of the English language, both written and oral, is necessary.

International Students English Language Test: Evidence of English Language Proficiency

All applicants from countries in which the official language is not English are required to submit official evidence of English language proficiency by taking a standardized test called the Test of English as a Foreign Language (TOEFL). TOEFL is administered by the Educational Testing Service. You can obtain detailed information from the TOEFL website, or contact TOEFL Services, Educational Testing Service, P.O. Box 6151, Princeton, NJ 08541-6151, (609) 771-7100.

This requirement applies to applicants from Bangladesh, Nepal, India, Pakistan, Latin America, the Middle East, the People's Republic of China, Taiwan, Japan, Korea, Southeast Asia, most European countries, and non-English-speaking countries in Africa.

If you have completed at least one year of full-time academic course work with grades of B or better in residence at a recognized U.S. institution, you do not need to take a standardized test. Instead, you must upload an unofficial transcript from the recognized U.S. institution.

Academic Performance:

The MPP Academy targets students who are serious about their academic preparation for college and/or medical school with at least a 3.00 GPA or higher (on a 4.0 scale) in their academic courses completed within the last 12 months of submitting an online admissions application.

High school and undergraduate students who have earned less than a 3.00 GPA may be considered for admission. Those students who have earned less than a 3.00 GPA will be required to contact the MPP Office of Admission in order for their application to be considered.

Commitment to Academic Preparation for College:

Your commitment to academic preparation for college, becoming a competitive applicant for college admission, and taking ownership of your future college and career goals are the most important factors in our process of selecting students for admission

Admissions Essay:

This is your opportunity to tell us about yourself – your hopes, ambitions, life experiences, inspirations. We encourage you to take your time on this assignment. Be open. Be reflective. Find your individual voice and express it honestly.

As you respond to only one of the essay prompts below, think about the admissions team who will read your statement and what you want them to understand about you. While your personal statement is only one of many factors we consider when making our admission decision, it helps provide context for the rest of your application.

Directions: All applicants must respond to one essay prompt using one the following submission options:

Essay Submission Options

Option 1 (Written Response). Write an essay in no more than 1000 words (single spaced or double spaced, 12pt font) responding to one essay prompt below.

Option 2 (Video Response). Record a video presentation of yourself responding to one essay prompt below.

Please choose one essay prompt out of the three prompts below and respond using one of the essay submission option stated above. Do not respond to more than one essay prompt.

Prompt A:

Describe the world you come from – for example, your family, community or school – and tell us how your world has shaped your dreams and career aspirations. In addition, please explain why you decided to apply for admission and what you expect to learn

and experience from participating in the program.

Prompt B:

What is your top choice career interest? Discuss how your interest in the career developed and describe any experience you have had in the field – such as volunteer work and internships. In addition, please explain why you decided to apply for admission and what you expect to learn and experience from participating in the program.

Prompt C:

Tell us about a personal quality, talent, accomplishment, contribution or experience that is important to you. What about this quality or accomplishment makes you proud and how does it relate to the person you are? Additionally, please explain why you decided to apply for admission and what you expect to learn and experience from participating in the program.



Note:

- ✔ Put your full name, school name, grade level, and phone number in the header (top right-hand corner) of your admissions essay.
- ✔ You may compose your essay in a Google Doc and share the link to your google doc with us. Check your google doc sharing settings to make sure it shows “Anyone on the internet with this link can view” before sending us a copy of the google doc link.
- ✔ You may compose your admissions essay in Microsoft Word and upload to your online admissions application. If you are having difficulty uploading your essay, you can email your essay to admissions@mppacademy.org.

Teacher Recommendation:

We require one recommendation for each student applying for admission to understand their academic background. The recommender must be from an academic teacher.

Request Letter of Recommendation from Your Academic Teacher

On your behalf, the MPP Academy will send an email to your academic teacher asking to complete and submit the Online Recommendation Form to support your admissions application.

[Submit Teacher Recommendation Request](#)

View Online Teacher Recommendation Form (for review purposes only)

[“Online Teacher Recommendation Form”](#)

Unofficial Transcript:

Ask your School to provide you with a copy of your unofficial school transcript as you will need it to upload to your online admissions application.

Student & Parent Interview:

Important Note: Interviews will be requested should our admissions team have further questions regarding your application.

During the interview session, we will ask questions about the student’s academic and career goals, why they decided to apply for admission, and their extra-curricular activities. In addition, we will ask parents questions to get a better insight on where their son or daughter is today as it relates to their college and career path. Please be prepared to do most of the talking! Additionally, prospective students along with their parents will have an opportunity to ask specific questions about the MPP Academy.



DATES & LOCATIONS

Academic Year Program (Hybrid: Online/On-Campus)

Monthly Live Online Class Sessions

Students attend live online classes, face-to-face with faculty and other program students via Zoom for 2-3 hours per week, typically on the weekend, for 35 weeks.

- ✔ **Dates:** August 14, 2023 – May 31, 2024
- ✔ **First day of classes start Sunday, August 20, 2023**
- ✔ Students will not meet during holidays.

Monthly On-Campus Sessions (Saturday's)

On-Campus sessions are delivered once a month on Saturdays at the University of California, Los Angeles (UCLA)

- ✔ **Dates:** September 2022 – May 2023 (delivered once a month on Saturday's)

Saturday Session I: September 23, 2023

Saturday Session II: October 21, 2023

Saturday Session III: November 18, 2023

Saturday Session IV: December 10, 2023

Important Note: Students and families will receive dates for Saturday sessions from Jan 1, 2024 – May 31, 2024 on or before December 10, 2023.



Summer Intensive Program (On-Campus or Fully Online)



- ✔ **Dates:** June 23 – July 20, 2024
- ✔ **Location:** University of California, Los Angeles (UCLA)

SAMPLE SCHEDULE

Sample Daily Schedule

Morning Activities

6:45am–7:15am	Exercise & Physical Fitness
7:30am–8:45am	Breakfast



Pre-Med Foundations: Preparing for Medical School

9:00am–9:50am	MPP 403: Becoming A Competitive Applicant for Medical School
10:00am–10:50am	MPP 414: Introduction to Anatomy & Physiology I (Systems of the Human Body)

Career Exploration & Planning: Navigating the Career Decision Making Process

11:00am–12:00pm	MPP 426: Phase I: Self-Discovery through Introspection & Outrospection: Conducting a 360-Degree Review of Your Core Values & Interests
12:00pm–1:00pm	LUNCH

Career Development

1:00pm–1:50pm	MPP 431: Physician-Led Clinical Experiences & Simulations
---------------	---



Academic Skills Development & Writing for College and Career Success

2:00pm–2:50pm	MPP 444: Pre-College Writing
3:00pm–3:50pm	MPP 445: Effective Study Techniques
4:00pm–4:50pm	MPP 447: Intro to Public Speaking
5:00pm–6:00pm	DINNER



Social and Emotional Skills for College & Career Readiness



6:00pm–6:50pm	MPP 471: Managing Stress and Anxiety
---------------	--------------------------------------

Evening Activities

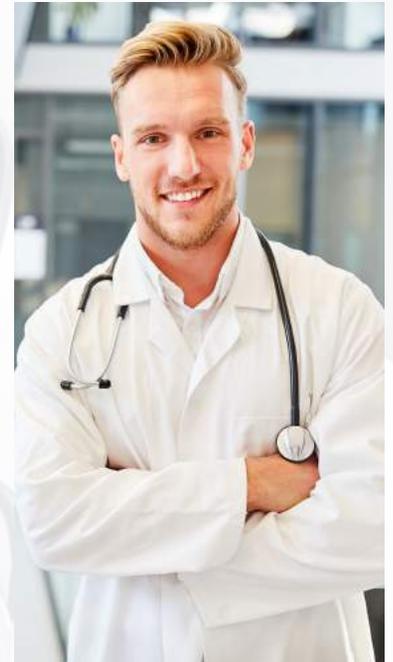


7:30pm - 9:45pm	Fun Group Activity
10:00pm	Prepare for Bed
11:00pm	Lights Out

Sample Schedule: Year One

Term 1 (June-Aug)

MPP 500:	Understanding the Health Care System in America
MPP 502:	Medical Ethics
MPP 503:	Introduction to the First Year Medical School Curriculum
MPP 504:	Introduction to Careers in the Field of Medicine
MPP 501A:	Anatomy and Physiology I
MPP 501B:	II (Systems, Structure, and Function of the Human Body)
MPP 517:	Pre-Calculus
MPP 518:	Calculus
MPP 570:	Phase I: Self-Discovery Through Introspection and Outrospection: Conducting a 360-Degree Review of Your Core Values and Interests
MPP 532:	Memory and Concentration
MPP 536:	College Writing I
MPP 590:	Career Simulations



Term 2 (September-December)



MPP 505:	Becoming a Competitive Applicant for Medical School
MPP 506:	Understand Your Options to Pay for Medical School
MPP 514:	General Biology
MPP 574:	Writing An Effective Resume and Cover Letter
MPP 533:	Note Taking
MPP 534:	Textbook Reading Skills for Success

Term 3 (January-March)

MPP 507:	Navigating the Medical School Admissions Process
MPP 520:	Communication Skills I and II
MPP 522:	Introduction to Microbiology
MPP 575:	Effective Interviewing Skills
MPP 533:	Note Taking
MPP 534:	Textbook Reading Skills for Success



Term 4 (April-June)



MPP 558:	Building and Sustaining Healthy Relationships
MPP 515:	Cell and Molecular Biology
MPP 537:	College Writing II
MPP 557:	Embrace Your Failure, Learn From Your Mistakes, and Move Forward
MPP 539:	Taking Advantage of On-Campus Academic Support
MPP 559:	Replace Negative Self-Talk with Positive Self-Talk

Sample Schedule: Year Two

Term 1 (June-Aug)

MPP 519:	Calculus
MPP 521:	Research Seminar and Methods
MPP 524:	Introduction to Biochemistry
MPP 509:	First Aid and CPR Training and Certification
MPP 540:	Public Speaking
MPP 560:	Manage Your Emotions, Negative Thoughts, and Feelings
MPP 590:	Career Simulations
MPP 571:	Phase II: Choosing and Exploring Your Career of Interest: Conducting a Career Field Analysis
MPP 512:	Site Visits to Local Hospitals and Clinics



Term 2 (September-December)



MPP 523:	Introduction to Psychology
MPP 520:	Statistics
MPP 539:	Taking Advantage of On-Campus Academic Support
MPP 559:	Replace Negative Self-Talk with Positive Self-Talk

Term 2 (September-December)

MPP 510:	HIPAA Compliance Training and Certification
MPP 530:	Overcoming Procrastination
MPP 531:	Time Management and Goal Setting
MPP 557:	Embrace Your Failure, Learn From Your Mistakes, and Move Forward
MPP 542:	Organizational Skills for Student Success
MPP 538:	Study Techniques



Term 4 (April-June)



MPP 525:	Introduction to Human Genetics
MPP 592:	Understand the Core Competencies for Entering Medical Students
MPP 555:	Breaking Through the Fear of Failure, Success, and the Unknown
MPP 556:	Managing Stress and Anxiety
MPP 541:	Balancing Academics with Extracurricular Activities



TUITION & FEES

Tuition Cost Will Be Waived for 2022 & 2023 Cohorts

The NAPCA Foundation has provided a generous two year grant to the MPP Academy to waive the tuition cost for those students admitted to our 2022 and 2023 cohorts with a demonstrated financial need.

Given the impact of COVID-19 on many families, our hope is to remove the financial barrier for those families in need by waiving the tuition cost to participate in NAPCA's Medical Physician Preparation (MPP) Academy.

Annual Tuition

Note: Below is a breakdown of annual tuition. The MPP Academy operates year-round and annual tuition includes the 4 week summer intensive & academic year programming.

"Pre, Pre-Med" Summer Intensive Program (On-Campus | Fully Online)

Details	Commuter student (Mon-Fri, 8am-5pm)	Commuter Extended student (Mon-Fri, 7am - 7pm)	Residential student	Online Student
Students participate in a 4-5 week online and on-campus, summer intensive at a top university. Students live in the dorms on a university campus, spend 8-10 hours a day learning and experiencing collegiate life.	\$2,796	\$3,596	\$3,596	\$1,996

"Pre, Pre-Med" Academic Year Program (Hybrid: Online/On-Campus)

Details	Online/On-Campus Student
Students attend online classes face-to-face with their cohort via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks. Students meet in-person on a university campus, once a month on Saturdays.	\$5,500

TUITION / COST OF ATTENDANCE INCLUDES:

- ✔ Course instruction and materials
- ✔ Academic expenses
- ✔ Program activities
- ✔ Chartered, air-conditioned motor coaches for off-campus academic and career exploration field trips
- ✔ Customized curriculum + take-home project
- ✔ Official College & Career Readiness Certificate
- ✔ Official Transcript for all classes completed
- ✔ Limited edition MPP Academy Gift Bag & Uniform
- ✔ New friends and skills that last long after summer
- ✔ Industry Certifications: Students earn HIPAA, First Aid, CPR, AED, & BLS certification
- ✔ Social and recreational activities, on and off-campus (evening and weekend) for commuter extended and residential students only
- ✔ Supervision & Care: Student safety, security, and health are our first priority

TUITION / COST OF ATTENDANCE DOES NOT INCLUDE:

- ✔ Travel to and from the program
- ✔ On-campus housing and meals
- ✔ Airport pick up service/transportation to and from campus
- ✔ Personal spending money
- ✔ Meals and Snacks. All students should bring their own meals and snacks or make arrangements to purchase meals and snacks.
- ✔ Medical expenses: All Students must provide proof of medical insurance.
- ✔ International Travel Medical Insurance: All international students are required to hold a valid and current international medical insurance card before traveling. Please visit this site (<https://usa-assist.com/en/travel-insurance-quote.asp>) which offers different travel medical insurance plans based on the amount of medical coverage purchased (additional cost): Students will not be able to participate in the program without a valid and current copy of international medical insurance coverage. Send a copy of your international travel medical insurance to the Office of Admissions: admissions@mppacademy.org.
- ✔ U.S. Visa: Students are responsible for obtaining a U.S. visit visa in time to attend NAPCA. Once your U.S. visit/ tourist visa has been issued or if you already hold a U.S. visa, send a copy of your U.S. VISA to the Office of Admissions: admissions@mppacademy.org.

FEES

Students will have the option to live on campus, commute to the program, or attend classes virtually.

Residential students: For those students that choose to live on campus, you will be responsible for the cost of University housing and a meal plan, which provides 3 meals per day.

Commuter students: Students that choose to commute to the program daily can bring their own lunch including snacks or will be responsible for purchasing their own meals during the program.

Definitions.

Commuter vs. Commuter Extended

Commuter refers to students participating in the academic program from 8am-5pm each day.

Commuter Extended refers to the commuter day program plus additional time, 5pm-9pm. The Commuter Extended day program gives commuter students the opportunity to participate in evening activities such as social and recreational group activities and having dinner in the University dining hall with residential students and MPP Academy staff. The extended option also aids parents who are not able to pick up their children at 5:00 pm. Commuter and commuter extended students are responsible for the cost of travel to and from the program as well as individual spending money for souvenirs during college tours, medical school tours, and other program activities.

Residential students

Residential students live on campus and are responsible for housing, meals, and any other living expenses. Students are responsible for the cost of travel to and from the program as well as individual spending money for personal hygiene needs, laundry, and souvenirs.



FINANCIAL ASSISTANCE

Make your MPP Academy experience possible through our financial assistance program.

The MPP Academy understands that family circumstances may not enable all qualified students to attend a program without financial assistance. Therefore, through the generosity of donors, financial assistance, to the extent possible, will be made available to assist as many admitted students as possible.

The financial assistance committee takes into consideration extenuating circumstances such as recent job loss, illness, and injury. Limited aid is available and an application is not a guarantee of financial assistance. Financial assistance is provided on a rolling basis and will be distributed until all funds have been exhausted.



Eligibility

- ✔ Financial assistance is available to the families of students who have been admitted to the program. Assistance is distributed fairly and openly on a first-come, first-served basis and is subject to fund availability.

Financial Assistance Process & Notification

To be considered for financial assistance, applicants must complete two items:

MPP Academy Online Application for Admission: [Apply Now](#)

Financial Assistance Application: [Apply Now](#)

The financial assistance application deadline is on a rolling basis until all funds set aside for families in need have been distributed. We will do our best to help as many students/families as possible. Students will be notified of their financial assistance award at the time they receive their admission decision letter via email.

Application Requirements

Families who would like to prepare materials in advance, please have the following items ready to complete your Financial Assistance Application.

All items must be submitted via the online financial assistance application:

Household Information

PROOF OF INCOME FROM PARENTS/GUARDIANS

Documents required: Copy of most recent federal income tax return or paystub.

- ✔ Providing proof of income from both of the student's parents including step-parent(s) living in the same household with the student, if applicable, is required unless you have a special circumstance.
- ✔ If your family has a special circumstance that prevents both of the student's parents from providing proof of income, you will need to describe your special circumstance in your financial assistance application as it will help our financial aid committee better understand your situation.

PARENTS WHO ARE NOT LIVING IN THE SAME HOUSEHOLD:

- ✔ Parents who are not living in the same household can submit their proof of income separately. If your family chooses to submit proof of income separately, each parent will need to complete and submit our financial assistance application for their child independently.

Application Deadline

Financial Assistance Deadline

There is no deadline. Students are encouraged to apply early for priority consideration. Limited aid is available and an application is not a guarantee of financial assistance. Financial Assistance awards are made on a rolling basis and will be distributed until all funds have been exhausted.

Have questions, contact us:

admissions@mppacademy.org



Fundraising

While the MPP Academy would like to meet the financial needs of all students, the large volume of financial assistance applicants combined with limited funding means that not all applicants will receive financial assistance.

Students and parents have reported that online fundraising was one of the best ways to secure the additional funds needed to cover their cost to attend the MPP Academy. Our students and parents wrote a compelling letter to ask for donations from family and friends. Additionally, parents that maintained a Facebook page, placed the letter on their Facebook page to spread the word to family and friends. Many of our students have used [gofundme.com](https://www.gofundme.com), [kickstarter.com](https://www.kickstarter.com), and [indiegogo.com](https://www.indiegogo.com) to do online fundraising. Online fundraising has proven to work for our students and parents. In several cases, students have been able to raise funds covering the full cost of their program and travel expenses.

Please contact us (admissions@mppacademy.org) to receive assistance with your fundraising efforts. We can help you develop your own personal fundraising web page.

TAKE THE NEXT STEP: APPLY NOW

Join Our Next Cohort

We are accepting applications from high achieving students who will be enrolled as a 9th, 10th, 11th, or 12th grade student in Fall 2022.



Apply Now

Apply now! We look forward to welcoming you to the MPP Academy family.

[Submit Online Admissions Application](#)



Get In Touch

Fill out the Request Information form to learn more and get in contact with a team member from the Office of Admissions & Community Outreach.

[Request Information](#)



Attend an Info Session

Meet our team and experience an in-depth overview of the MPP Academy.

[Register](#)

Reach out to us to learn more about the MPP Academy High School Program.



CONTACT US

NAPCA Foundation
MPP Academy
2600 W. Olive Ave. 5th Floor
Burbank, California 91505

Phone: (800) 799 – 4640 ext. 813

Email: admissions@mppacademy.org

Website: www.mppacademy.org

OFFICE HOURS

Monday – Friday:

10:00am – 6:00pm PST

Saturday-Sunday:

Closed