# Medical Physician Preparation (MPP) Academy

## Middle School Program

Committed to Building A Diverse Pipeline of Future Medical Doctors to the Physician Workforce.

# What you'll find inside


| | |
|---|---|
| Overview | 01 |
| Why Choose MPP | 10 |
| Student Life | 12 |
| Curriculum Snapshot | 15 |
| Admissions | 21 |
| Dates & Locations | 24 |
| Sample Schedule | 25 |
| Tuition & Fees | 27 |
| Financial Assistance | 30 |

# OVERVIEW

The Medical Physician Preparation (MPP) Academy middle school program is a hybrid, year-round, college and career readiness and medical school preparation pipeline certificate program. Our online/on-campus early outreach pipeline program targets high achieving 6th, 7th, and 8th grade students from all backgrounds, including students underrepresented in medicine, who might not have considered a career as a medical physician or have already committed to pursuing a career in medicine. **Our program is designed to attract, recruit, and nurture a diverse pipeline of future medical students** who are academically and mentally prepared with social-emotional skills and resilience to:

- Successfully complete pre-medical college coursework
- Enter and complete medical school
- Complete residency requirements to become licensed to practice medicine in a medical specialty that provides a sense of purpose and meaning to their lives.

Our program prepares the next generation of physician leaders to impact the healthcare of our communities. The program is delivered in a hybrid, online/on-campus format through four integrated components:

# "Pre, Pre-Med"

## Academic Year Program

**( Hybrid: Online/On-Campus )**

During the school year, students attend live online classes face-to-face with faculty and other program students via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks. In addition, students meet in-person on a university campus, once a month on Saturdays. Students will not meet during holidays.

Additionally, students participate in a variety of academic and career preparation experiences throughout the year, in collaboration with practicing physicians and medical scientists, leading medical schools, and healthcare institutions throughout the nation.

**APPLY NOW:** We are accepting applications from high achieving students who will be enrolled as a  grade student in Fall 2022.

Seats are limited. **Deadline to Apply:** August 5, 2022

Attend a Virtual Information Session: **Register**

# "Pre, Pre-Med"

## Summer Intensive Program

**(On-Campus)**

Students participate in a 4 Week on-campus, in-person summer intensive at a top university. Students live in the dorms on a university campus, spend 8-10 hours a day learning and experiencing collegiate life. Participants take pre-med foundational courses and a variety of college and career readiness workshops. The hybrid learning experience of this program allows you to choose between attending summer intensive class sessions in person or online.

Enrollment Options: Students enroll in the 4 week summer intensive as a:

- Commuter student (Drop Off/Pick Up: 7:45am – 5:00pm)
- Commuter extended student (Drop Off/Pick Up: 7:45am – 7:00pm)
- Residential student (Live on campus): **Middle school students will get a taste of living on a college campus during the "last week" of the 4 week program.**

**APPLY NOW:** We are accepting applications from high achieving students who will be enrolled as a 6th, 7th, and 8th grade student in Fall 2022.

Seats are limited. **Deadline to Apply:** March 31, 2023

Attend a Virtual Information Session: **Register**

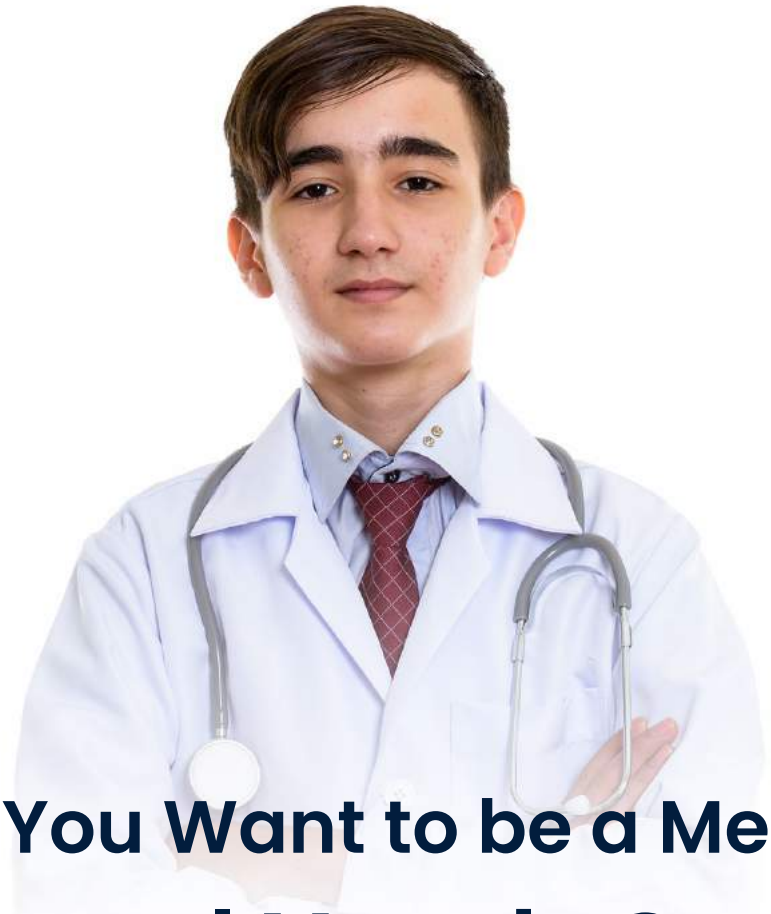
# Hands-On,

## Physician-Led Clinical Experiences

**(Online/On-Campus)**

To ensure students have beneficial clinical experiences, students will work with one of our Clinical Experience Instructors, who will personally guide student learning and respond to any questions during hands-on, clinical experience workshops. Here are a few clinical simulations that we offer:

- Elliptical Incision and Suturing Techniques
- Casting and Splinting Technique
- Assessment of Vitals Signs: Temperature, HR, RR, BP, Pulse Ox
- Identifying Cranial Nerves 1 – 12
- Testing Bilateral Visual Acuity
- Six Cardinal Motions of the 3 Primary Extraocular Muscles
- Identification of Heart Sounds and Murmurs
- Visualization of Ear Anatomy
- Identification of Lung Sounds



## 'So You Want to be a Medical Doctor?'

# Virtual Youth Conference

**(Online via Zoom)**

The 'So You Want to be a Medical Doctor?' Virtual Youth Conference is a free, national early outreach medical physician pipeline program offered to schools throughout the year via Zoom. In addition to the possibility of attending the virtual youth conference with their school, MPP Academy students will attend an exclusive conference in the Fall, Spring and Summer. Participation in the youth conference provides students with the opportunity to network with other students across the United States and Canada. The program is **facilitated by medical school students, practicing medical physicians and scientists, and medical school faculty and leaders.**

The initiative was established to support the goal of the MPP Academy: **To attract and build a diverse pipeline of future medical doctors, as early as 4th grade, to the physician workforce.**

- Clinical Simulation Experience
- Pre-College Human Anatomy & Physiology Seminar
- Medical School Panel Discussion, Q&A Session: Preparing for Pre-Medical University Coursework & Medical School

**LEARN MORE**

## Why Hybrid (Online/On-Campus)?

MPP Academy's hybrid "Pre, Pre-Med" academic year program helps reduce the time and cost of traveling back and forth from your home to the university campus on a weekly basis for 35 weeks during the school year (Fall, Winter, and Spring semesters). The online learning component of the program provides students with a student-centered, highly collaborative, and engaging environment.

# PROGRAM DETAILS

## Program Length

The MPP Academy Elementary Program is a year-round, hybrid program built on a cohort learning model. Cohorts consist of up to 25 students from diverse backgrounds who progress through the program together.

## Program Structure: Delivered through three integrated components:

- Academic Year Program (Online/On-Campus)
- 4 Week Summer Intensive Program (On-Campus or Fully Online)
- Clinical Experiences (Online/On-Campus)

## Online/On-Campus 35 Week Academic Year Program

- **Deadline to Apply:** August 5, 2022
- Students attend online classes face-to-face with their cohort via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks.
- Students meet in-person on a university campus, once a month on Saturdays (In-person class sessions will be recorded for students that need to attend virtually).
- Saturdays (In-person class sessions will be recorded for students that need to attend virtually).

## Summer Intensive Program

- **Deadline to Apply:** March 31, 2023

## Students enroll in the 4 week summer intensive as a:

- Commuter student (Drop Off/Pick Up: 7:45am – 5:00pm)
- Commuter extended student (Drop Off/Pick Up:7:45am – 8:00pm)
- Residential student (Live on campus): Middle school students will get a taste of living and learning on a college campus during the “last week” of the 4 week rogram.
- Online student (Offered fully online to students who are unable to attend in-person)

## Pre-Med Foundational Courses are Approved for Academic Credit

- Pre-Med foundational math, science, and english arts courses are approved for academic credit. Review our program curriculum to learn more about the pre-med foundational courses offered for academic credit.

## Capstone Project with Support in Thematic Groups

- Small groups of students using a common approach work collaboratively to complete their own “Personal Strategic Action Plan (PSAP)” to discover their core personal values, conduct a career field analysis, choose and explore their career of interest and specialty, and develop a roadmap to reach their career goal.

# PROGRAM BENEFITS

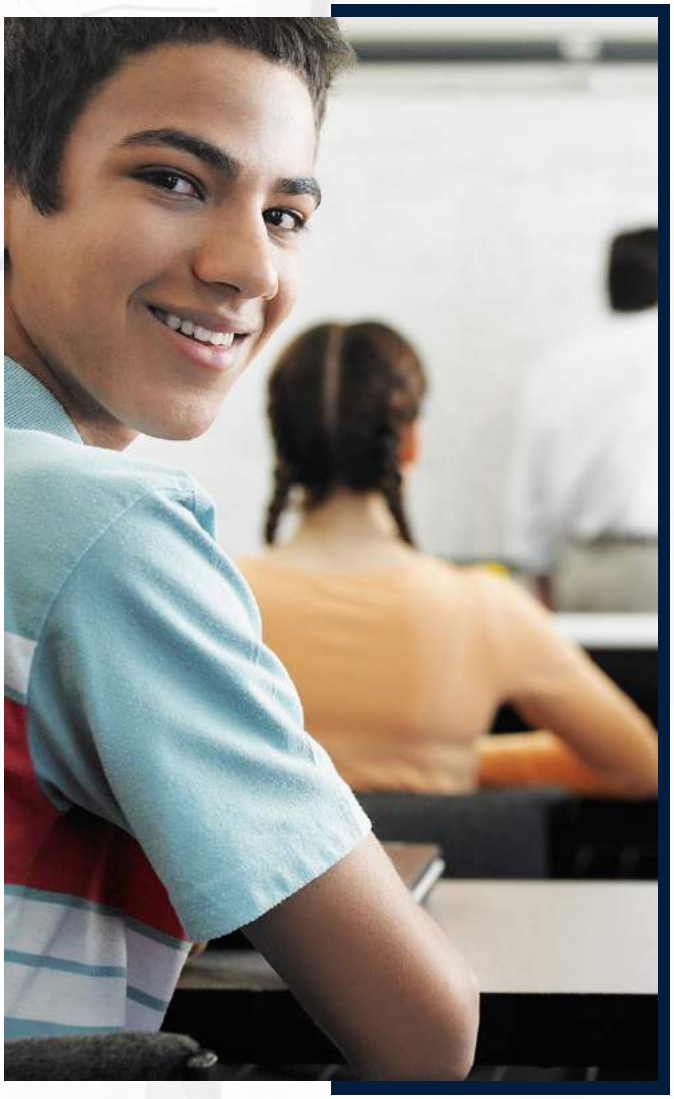
## Student Learning Objectives

### Prepare Early to Become a Competitive Applicant for Medical School

- Our program empowers students with the mindsets and tools, resources and support, and core competencies that a competitive applicant should possess before entering medical school.

### Year-Round Academic Preparation for Pre-Med University Coursework

- Students are provided with the academic preparation necessary to ensure they are prepared to complete college-level pre-med coursework to meet medical school admission requirements.
- Substantive academic instruction in areas specific to the knowledge, skills, and abilities of students entering medical school are provided, with the intent to prepare students to acquire the 15 core competencies that a competitive applicant should possess before entering medical school, as defined by the Association of American Medical Colleges.
- Pre-medical preparation will increase completion in pre-med math and science gateway college courses with grades that allow students to be more competitive for admission to medical school.
- Students learn through a systems-based curriculum aligned with clinical experiences



## Social-Emotional Skills & Resiliency Training

- Social-emotional skills training, with an emphasis on resilience, is included in the MPP curriculum because of its affirmative impacts on empowering students with the mindsets and tools to break through their academic and non-academic barriers, to maintain motivation, and ultimately, to achieve their future career goal of becoming a medical physician.

## Career Exploration & Planning Guidebook: Navigating the Path to Medical School

- Students will receive a comprehensive textbook (written exclusively for MPP Academy participants) that empowers them with the mindsets, tools, and resources to navigate the career exploration and planning process. Additionally, students will develop a personal strategic action plan (i.e., Pre-Med Roadmap to Medical School) as part of their capstone project.

## Hands-On, Physician-Led Pre-Med Clinical Experience & Simulation Activities

- Hands-on clinical experience and simulations developed and taught by medical scientists and practicing physicians.
- Simulation activities range from the basics of interacting with patients, checking vitals, providing wound care, making incisions, administering injections, to suturing.

# PROGRAM HIGHLIGHTS

## HANDS-ON, PHYSICIAN-LED CLINICAL EXPERIENCES

Students will be exposed to the techniques of doctors and other medical professionals during hands-on clinical rounds.

**Hands-on clinical workshops and simulations include:**

- Surgical Knot-Tying
- Identifying Cranial Nerves 1 – 12
- Sterile Gown Technique and PPE (Personal Protective Equipment)
- Elliptical Incision and Suturing Techniques
- Casting and Splinting Technique
- Standardized Patient Care: Patient Interview and Diagnostic Skills
- Testing Bilateral Visual Acuity
- Six Cardinal Motions of the 3 Primary Extraocular Muscles
- Pupillary Light Reflex and Cranial Nerve III
- Visualization of Ear Anatomy
- Identification of Heart Sounds and Murmurs
- Identification of Lung Sounds

# WHY CHOOSE MPP

## 5 Reasons to Attend The MPP Academy

Learn the top reasons to attend the Mpp Academy

Watch Video | Download PDF

01

Become a competitive medical school applicant as well as become better prepared to thrive in medical school.

02

You will have early exposure to the role and responsibilities of a medical physician which will also help you determine whether or not a career as a medical physician is a good fit for you.

03

The curriculum mirrors current medical school education.

04

The MPP Academy nurtures within you the resilience, grit and social-emotional skills needed to thrive in medical school and beyond.

05

MPP Academy will connect you to meaningful work-based opportunities and 1-on-1 personalized academic and career guidance.

# COLLEGE ACCEPTANCES & MATRICULATIONS

We are proud to share that 100% of MPP Academy graduates go on to college immediately after graduation, many to some of the most prestigious institutions in the country. Each year, many MPP Academy students are recognized by the National Merit Scholarship Program and earn significant scholarships to colleges and universities.

USC

UNLV

UNIVERSITY of WASHINGTON

UNIVERSITY OF MICHIGAN

UNIVERSITY OF MARYLAND

THE UNIVERSITY OF CHICAGO 1890

UNIVERSITY OF CALIFORNIA SAN DIEGO

UCSF University of California San Francisco

THE UNIVERSITY OF CALIFORNIA UCLA

UC

Stanford University

Penn UNIVERSITY of PENNSYLVANIA

NYU

JOHNS HOPKINS UNIVERSITY

UNIVERSITY OF HAWAI'I

HARVARD UNIVERSITY

EMORY UNIVERSITY

THE UNIVERSITY OF CALIFORNIA DAVIS

DARTMOUTH

Cornell University

COLUMBIA UNIVERSITY

Cal

BROWN

Berkeley UNIVERSITY OF CALIFORNIA

AT THE FOREFRONT UChicago Medicine

Yale University

# STUDENT LIFE

## FUN ACTIVITIES & EXCURSIONS

Looking for fun things to do this summer? We've got you covered. In addition to your academic coursework and career exploration experiences, you will participate in a variety of fun indoor and outdoor activities that will provide you with an unforgettable summer experience.

### Disneyland

For six decades, Disneyland has captured imaginations, stirred emotions, and unleashed the unabashed joy of childhood in millions of guests. Now's the time to live out your Disney Dream with your MPP Academy family!

### K1 Speed Go-Kart Racing

Get ready to enjoy an indoor go kart racing experience with you MPP Academy family.

### Sky Zone Indoor Trampoline Park

Join us for dodgeball, slam dunk on a 10-foot basketball net, flip into a pool of foam, or simply bounce around!

### Star Trek: Discovery Virtual Reality

MPP Academy students and staff will join the crew aboard the U.S.S. Discovery. In your role as Starfleet officers, you'll have the chance to stand on a transporter pad with your own two feet and get beamed to your Away Mission.

### Karaoke

Think you can sing like Shawn Mendes, Taylor Swift, or the Jonas Brothers? Or do you think you can rap like Drake? Come show off your singing or rapping skills at the MPP Academy Karaoke Studio.

### Ice Skating

Want to race? Come out and join the MPP Academy and staff on a beautiful night by taking some laps around the skating rink and enjoy your new friends!

## iFly Indoor Skydiving

iFly is an indoor skydiving experience that creates true free fall conditions, just like skydiving without having to jump out of an airplane. It's just you and the air, and it's the most incredible adrenaline rush!

## Dance Party

You came in as strangers and you now prepare to part as close friends—but not before you party together at the final dance! There will be a live DJ mixing up your favorite tunes and plenty of snacks and beverages to keep you going into the night.

## Six Flags Magic Mountain

Are you a thrill seeker? Students will have the opportunity to enjoy the gold standard of theme parks with your peers and the MPP Academy staff.

## Bowling

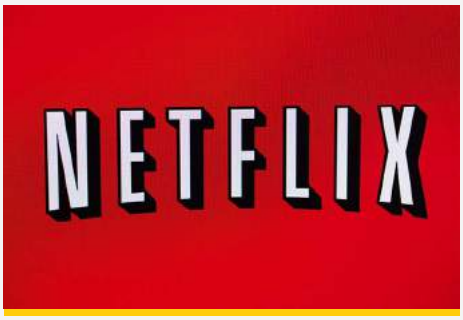
Bowling is an evening of fun for everyone! Come show your skills in the bowling alley or just hang out and eat some delicious pizza and wings while you relax in the lounge areas.

## Roller Skating

Want to race? Come out and join the MPP Academy and staff on a beautiful night by taking some laps around the skating rink and enjoy time with your new friends!

## Swimming / Pool Party

It's time to bring out the sunglasses and tanning lotion, and get your swim on! Feel the vibes with music thumping and relaxing by the pool with your friends while you soak up the sun.




## Netflix & Chill Movie Room in University Dorms

We bring the movie theater to the MPP Academy. Students will be able to watch and enjoy all of their favorite movies and TV shows on Netflix.

## Movie Night

Lights, Camera, Popcorn! Students and the MPP Academy program staff will watch an entertaining movie at one of the top movie theaters in the U.S.

## Ice Cream Socials

I scream, you scream, we all scream for ice cream! Whatever your favorite flavor is, it is time to indulge with your friends and MPP Academy program staff.

## Six Flags Waterpark

Be cool! MPP Academy is ready to take you out to the water slides and lots of refreshingly cool water.

## Game Night

Prepare yourself for a fun night of games and tap into the strategist within.

## An Evening at a Major League Baseball Game

MPP Academy students and staff will spend an evening cheering on a Major League Baseball team such as the Los Angeles Dodgers.

## Inflatable Water Slides

Students will have the opportunity to play inflatable games such as "wipe out" and cool down from the summer heat by enjoying our inflatable water slides.

## Inflatable Games

Students will have the opportunity to splash around and cool down from the summer heat by enjoying our Inflatable Water Park!

## Fun Under the Sun at the Beach

MPP Academy students and staff will spend an afternoon enjoying the beach. Join the fun and relax a little with your new friends!

## Open Mic / Talent Show

Whether it's singing a pop-culture song, playing a Beethoven sonata, or sharing an athletic feat, the Talent Show at the MPP Academy is sure to be a time of amazing entertainment.

# CURRICULUM SNAPSHOT

## The Program Curriculum Contains 8 Key Components:

- Pre-Med Foundations: Preparing for Medical School
- Career Exploration & Planning: Navigating the Career Decision Making Process
- Career Development
- Academic Skills Development & Writing for College and Career Success
- Navigating the College Admissions Process
- College Affordability Planning: Paying for College
- Social and Emotional Skills for College & Career Readiness
- Experience College Life

## Pre-Med Foundations: Preparing for Medical School

MPP Academy students will be prepared to become a competitive medical school applicant, with the mindset, tools, and resources to thrive in medical school and beyond.

Aligns with NAPCA's 15 College and Career Readiness Standards as well as AAMC's 15 Core Competencies for Entering Medical Students.

- Career Exploration and Planning: Career Decision-Making Processes
- Connecting Students to Meaningful Work-Based Learning Opportunities
- Workplace Readiness: Fundamental Skills and Workplace Competencies
- Building a Strong Academic Foundation for College Success
- AAMC's Science Core Competencies for Entering Medical Students
- AAMC's Thinking and Reasoning Core Competencies for Entering Medical Students
- AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

**MPP 300:**
Understanding the HealthCare System in America

**MPP 301:**
Introduction to Careers in the Field of Medicine

**MPP 302:**
Introduction to the First Year of Medical School

**MPP 303:**
Becoming A Competitive Applicant for Medical School

**MPP 304:**
Understanding Your Options to Pay for Medical School

**MPP 305:**
First Aid & CPR Training & Certification

**MPP 306:**
Site Visits to Local Hospitals & Clinics

**MPP 307:**
Medical School Tours

**MPP 308:**

Service Learning Community Projects

**MPP 309:**

Understand the Core Competencies for Entering Medical Students

## Academic Preparation

The curriculum focuses on providing students with the academic preparation necessary to ensure they are prepared to succeed in college-level pre-med coursework and in all aspects of university learning.

**MPP 310:**

Introduction to Anatomy & Physiology I (Systems of the Human Body)

**MPP 311:**

Introduction to Anatomy & Physiology II (Structure and Function of the Human Body)

**MPP 312:**

General Biology

**MPP 313:**

Pre-Algebra

**MPP 314:**

Algebra I

## Career Exploration & Planning: Navigating the Career Decision Making Process

This component of the curriculum provides a comprehensive textbook (written exclusively for MPP Academy participants) to empower students with the tools and resources to explore the career as a medical physician in-depth. Students also develop a personal strategic action plan, which is a roadmap that will help students to clearly outline a path to achieve their future career goal of becoming a medical physician.

Aligns with NAPCA's College and Career Readiness Standards:

- Career Exploration and Planning: Career Decision-Making Processes
- Nurturing Student's College and Career Aspirations
- Workplace Readiness: Fundamental Skills and Workplace Competencies
- Phases I through IV of Career Exploration and Planning Guidebooks (Future Medical Physician and General Career Exploration)

**MPP 315:**

Phase I: Self-Discovery through Introspection & Outrospection: Conducting a 360-Degree Review of Your Core Values & Interests

**MPP 316:**

Phase II: Choosing and Exploring Your Career of Interest: Conducting a Career Field Analysis

**MPP 317:**

Phase III: Conducting an In-Depth Analysis of Your Career Specialty

**MPP 318:**

Phase IV: Building Your Personal Strategic Action Plan (PSAP): Education and Career Plan

**MPP 319:**

PSAP - Capstone Project

## Career Development

Students participate in clinical simulation, project based learning activities, and gain valuable, hands-on experience. Our simulation activities range from the basics of interacting with patients, checking vitals, providing wound care, making incisions, administering injections, to suturing.

Aligns with NAPCA's College and Career Readiness Standards:

- Nurturing Student's College and Career Aspirations
- Connecting Students to Meaningful Work-Based Learning Opportunities
- Workplace Readiness: Fundamental Skills and Workplace Competencies

**MPP 320:**

Career Simulations

## Academic Skills Development & Writing for College and Career Success

This component of the curriculum focuses on providing students with the academic preparation necessary to ensure they are prepared to succeed in college-level pre-med coursework and in all aspects of university learning. Students will develop a more strategic approach to reading, college-level writing, note-taking, and researching topics for an academic paper in a quicker, more effective, way. Some of the seminar topics include overcoming procrastination, time management, memory and concentration, note-taking, textbook reading, and exam preparation. Please note that these seminars are not intended as remedial skills instruction.

Aligns with NAPCA's 15 College and Career Readiness Standards as well as AAMC's 15 Core Competencies for Entering Medical Students.

- Academic Skills Development
- Building a Strong Academic Foundation for College Success
- AAMC's Thinking and Reasoning Core Competencies for Entering Medical Students
- AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

**MPP 321:**
Overcoming Procrastination

**MPP 322:**
Time Management and Goal Setting

**MPP 323:**
Memory and Concentration

**MPP 324:**
Note Taking

**MPP 325:**
Textbook Reading Skills for Success

**MPP 326:**
Exam Preparation and Relieving Test Anxiety

**MPP 327:**
Academic Writing

**MPP 328:**
Study Techniques

**MPP 329:**
Taking Advantage of On-Campus Academic Support

**MPP 330:**
Intro to Public Speaking

**MPP 331:**
Balancing Academics with Extracurricular Activities

**MPP 332:**
Organizational Skills for Student Success

**MPP 333:**
Basic Research Skills for Student Success

**MPP 334:**
Power Reading Strategies: Comprehension & Speed

## Navigating the College Admissions Process

Students are provided with the tools, resources, and hands-on experience to navigate the college admissions process. Students will develop the knowledge to become a competitive college applicant and to be a desirable candidate at "top schools".

Aligns with NAPCA's College and Career Readiness Standards:

- Building a Strong College and Career Readiness Culture in the Home
- Nurturing Student's College and Career Aspirations
- School Selection: Enrollment in Schools with a Strong College and Career Readiness Culture
- Participation in Extracurricular Activities: In-School and Out-of-School

**MPP 335:**
Understanding the College Application Process

**MPP 336:**
Becoming A Competitive Applicant for Highly Selective Colleges

**MPP 337:**
Participation in Extracurricular Activities: In-School and Out-of-School

**MPP 338:**
Student Athletes & College Admissions Process

## College Affordability Planning: Paying for College

This component of the curriculum encompasses the college financial aid process, and additional options available to finance an undergraduate education, including, securing financial resources such as grants. This is meant to simplify the complex college financial aid process and reduce the stress and anxiety of paying for college.

Aligns with NAPCA's College and Career Readiness Standards:

- College Affordability Planning
- Navigating the Financial Aid Process

**MPP 339:**
Understanding Your Options to Pay for College

**MPP 340:**
College Affordability Action Plan

**MPP 341:**
Effective Strategies to Find and Win Scholarships

## Social and Emotional Skills for College & Career Readiness

The Social-Emotional Seminars are intended to help students "break through their barriers and complete a postsecondary education degree or career training certificate or licensure program, specifically to enter careers that provide a sense of purpose and meaning to their lives". The Wellness workshops are meant to help students to thrive, to maintain and even improve health, to take ownership of one's health to prevent illness and develop a healthy lifestyle.

Aligns with NAPCA's 15 College and Career Readiness Standards as well as AAMC's 15 Core Competencies for Entering Medical Students.

- Social and Emotional Learning: Skills and Competencies for College and Career Readiness
- AAMC's Interpersonal & Intrapersonal Core Competencies for Entering Medical Students

**MPP 342:**
Managing Stress and Anxiety

**MPP 343:**
Embrace Your Failure, Learn From Your Mistakes & Move Forward

**MPP 344:**
Building & Sustaining Healthy Relationships

**MPP 345:**
Replace Negative Self-Talk with Positive Self-Talk

**MPP 346:**
Eating Healthy and Staying Fit

**MPP 347:**
Interpersonal & Communication Skills

**MPP 348:**
Special SEL Topics Seminar

## Experience College Life

Students will experience college life while they live and learn on a college campus. Students will meet new friends from around the world, establish a sense of community, and are provided with the opportunity for academic and personal growth in a safe and secure college environment.

Aligns with NAPCA's College and Career Readiness Standards:

- Transitioning from High School to College

**MPP 349:**
Living on Campus

**MPP 350:**
College Tours: Visiting Top Colleges in the U.S.

**MPP 351:**
College Student Panel

**MPP 352:**
Intro to College Greek Life: Fraternities & Sororities

## MPP Academy offers UC/CSU A-G Approved Courses

The MPP Academy works in partnership with the University of California Student Academic Preparation and Educational Partnerships (UC SAPEP) program and UC SCOUT to offer UC/CSU a-g approved courses to MPP Academy students.

MPP Academy students earn academic course credit through UC SCOUT to satisfy the UC/CSU A-G subject requirements that fulfills college admission requirements at institutions such as the University of California, California State University admission, and o requirements!

Courses are taught by teachers with a California teaching credential from the California Commission for Teaching Credentialing (CCTC).

### About UC Scout

UC Scout is a University of California Student Academic Preparation and Educational Partnerships (SAPEP) program that develops and delivers A-G approved online classes and curriculum to students around the globe. UC Scout is hosted at UC Santa Cruz. For more info, visit

https://www.ucscout.org/about/

# ADMISSIONS

## Admission Checklist for Prospective Students:

We have put together a flow chart which we hope will help you understand the MPP Academy's admissions process.

**Download: Admission Checklist for Prospective Students**

# Grade Requirement:

Current 3rd grade students are invited to apply for admission.

# Academic Performance:

We are looking for students who are serious about academics and have a strong commitment to strengthening their academic performance in school.  Students are required to submit their most recent academic report card.

# Teacher Recommendation:

We require one recommendation for each student applying for admission to understand their academic background. The recommender must be from an academic teacher.

# Request Letter of Recommendation from Your Academic Teacher

On your behalf, NAPCA will send an email to your academic teacher asking to complete and submit the Online Recommendation Form to support your admissions application.

**Submit Teacher Recommendation Request**

View Online Teacher Recommendation Form (for review purposes only)

**"Online Teacher Recommendation Form"**

We require students to upload a copy of their most recent academic report card to their online admissions application.

# Student & Parent Interview

**Important Note:** Interviews will be requested should our admissions team have further questions regarding your application.

During the interview session, we will ask questions about the student's academic and career goals, why they decided to apply for admission, and their extra-curricular activities. In addition, we will ask parents questions to get a better insight on where their son or daughter is today as it relates to their college and career path. Please be prepared to do most of the talking! Additionally, prospective students along with their parents will have an opportunity to ask specific questions about the MPP Academy.

## Admissions Process:

We are now accepting applications for the next cohort of students at the MPP Academy! There is no cost to apply. We use a rolling admissions process which means that our office of admissions team will evaluate applications as they are received versus waiting to evaluate all applications after a hard deadline. Therefore, we will accept applications until we have filled all seats for the incoming cohort.

## Join Our Next Cohort

We are accepting applications from current 3rd grade students for our next cohort that will start in summer 2022. After deciding which student type is right for you: Commuter or Commuter Extended you will need to gather the following information and documentation needed to submit a complete online application for admission:

- Students should know the program name, location, and session date they would like to be considered for admission.
- Parents will need to provide their information which includes their name, email address, home address, phone number, and occupation.
- The MPP Academy requires one recommendation for each student applying for admission to understand their academic background. The recommendation must be from an academic teacher.
- Students are required to submit a copy of their most recent academic report card from their school as this will need to be uploaded to the online admissions application.

**Please Note:** Allow approximately 10-15 minutes to complete the entire application, you will not be able to save your incomplete application. Please plan accordingly.

# DATES & LOCATIONS

## Academic Year Program (Hybrid: Online/On-Campus)

**Monthly Live Online Class Sessions**

Students attend live online classes, face-to-face with faculty and other program students via Zoom for 2-3 hours per week, typically on the weekend, for 35 weeks.

- **Dates:** August 14, 2022 – May 31, 2023
- First day of classes start Sunday, August 14, 2022
- Students will not meet during holidays.

**Monthly On-Campus Sessions (Saturday's)**

On-Campus sessions are delivered once a month on Saturdays at the University of California, Los Angeles (UCLA)

- **Dates:** September 2022 – May 2023 (delivered once a month on Saturday's)

**Saturday Session I: September 24, 2022**
**Saturday Session II: October 22, 2022**
**Saturday Session III: November 19, 2022**
**Saturday Session IV: December 10, 2022**

**Important Note:** Students and families will receive dates for Saturday sessions from Jan 1, 2023 – May 31, 2023 on or before December 10, 2022.

## Summer Intensive Program (On-Campus or Fully Online)

- **Dates:** June 25 – July 20, 2023
- Location: University of California, Los Angeles (UCLA)

# SAMPLE SCHEDULE

## Sample Schedule: Year One

### Term 1 (June-Aug)

| | |
|---|---|
| MPP 300: | Understanding the Health Care System in America |
| MPP 306: | Introduction to Careers in the Field of Medicine |
| MPP 307: | Introduction to the First Year of Medical School |
| MPP 312: | Medical School Tours |
| MPP 301: | Introduction to Anatomy and Physiology I (Systems of the Human Body) |
| MPP 304: | Pre-Algebra |
| MPP 313: | Phase I: Self-Discovery Through Introspection and Outrospection: Conducting a 360-Degree Review of Your Core Values and Interests |
| MPP 370: | Career Simulations |
| MPP 317: | Overcoming Procrastination |

### Term 2 (September-December)

| | |
|---|---|
| MPP 318: | Time Management and Goal Setting |
| MPP 319: | Memory and Concentration |
| MPP 331: | Understanding the College Application Process |

### Term 3 (January-March)

| | |
|---|---|
| MPP 340: | Managing Stress and Anxiety |
| MPP 341: | Embrace Your Failure, Learn From Your Mistakes, and Move Forward |
| MPP 335: | Understanding Your Options to Pay for College |

### Term 4 (April-June)

| | |
|---|---|
| MPP 320: | Note Taking |
| MPP 321: | Textbook Reading Skills for Success |
| MPP 332: | Becoming a Competitive Applicant for Highly Selective Colleges |

# Sample Schedule: Year Two

## Term 1 (June-Aug)

| | |
|---|---|
| MPP 302: | Introduction to Anatomy/Physiology II (Structure and Function of the Human Body) |
| MPP 303: | General Biology |
| MPP 305: | Algebra I |
| MPP 314: | Phase II: Choosing and Exploring Your Career of Interest: Conducting a Career Field Analysis |
| MPP 370: | Career Simulations |
| MPP 351: | Living on Campus |
| MPP 322: | Exam Preparation and Relieving Test Anxiety |
| MPP 323: | Academic Writing |
| MPP 311: | Site Visits to Local Hospitals and Clinics |

## Term 2 (September-December)

| | |
|---|---|
| MPP 324: | Study Techniques |
| MPP 308: | Becoming a Competitive Applicant for Medical School |
| MPP 342: | Building and Sustaining Healthy Relationships |

## Term 3 (January-March)

| | |
|---|---|
| MPP 315: | Phase III: Conducting an In-Depth Analysis of Your Career Specialty |
| MPP 326: | Introduction to Public Speaking |
| MPP 343: | Replace Negative Self-Talk with Positive Self-Talk |

## Term 4 (April-June)

| | |
|---|---|
| MPP 327: | Balancing Academics with Extracurricular Activities |
| MPP 328: | Organizational Skills for Student Success |
| MPP 333: | Participation in Extracurricular Activities: In-School and Out-of-School |

# TUITION & FEES

## Tuition Cost Will Be Waived for 2022 & 2023 Cohorts

The NAPCA Foundation has provided a generous two year grant to the MPP Academy to waive the tuition cost for those students admitted to our 2022 and 2023 cohorts with a demonstrated financial need.

Given the impact of COVID-19 on many families, our hope is to remove the financial barrier for those families in need by waiving the tuition cost to participate in NAPCA's Medical Physician Preparation (MPP) Academy.

## Annual Tuition

**Note:** Below is a breakdown of annual tuition. The MPP Academy operates year-round and annual tuition includes the 4 week summer intensive & academic year programming.

### "Pre, Pre-Med" Summer Intensive Program (On-Campus | Fully Online)

| Details | Commuter student (Mon-Fri, 8am-5pm) | Commuter Extended student (Mon-Fri, 7am - 7pm) | Residential student | Online Student |
|---|---|---|---|---|
| Students participate in a 4-5 week online and on-campus, summer intensive at a top university. Students live in the dorms on a university campus, spend 8-10 hours a day learning and experiencing collegiate life. | $2,796 | $3,596 | $3,596 | $1,996 |

### "Pre, Pre-Med" Academic Year Program (Hybrid: Online/On-Campus)

| Details | Online/On-Campus Student |
|---|---|
| Students attend online classes face-to-face with their cohort via Zoom, for 2-3 hours per week, typically on the weekend, for 35 weeks. Students meet in-person on a university campus, once a month on Saturdays. | $5,500 |

## TUITION / COST OF ATTENDANCE INCLUDES:

- Course instruction and materials
- Academic expenses
- Program activities
- Chartered, air-conditioned motor coaches for off-campus academic and career exploration field trips
- Customized curriculum + take-home project
- Official College & Career Readiness Certificate
- Official Transcript for all classes completed
- Limited edition MPP Academy Gift Bag & Uniform
- New friends and skills that last long after summer
- Industry Certifications: Students earn HIPAA, First Aid, CPR, AED, & BLS certification
- Social and recreational activities, on and off-campus (evening and weekend) for commuter
- extended and residential students only
- Supervision & Care: Student safety, security, and health are our first priority

## TUITION / COST OF ATTENDANCE DOES NOT INCLUDE:

- Travel to and from the program
- On-campus housing and meals
- Airport pick up service/transportation to and from campus
- Personal spending money
- Meals and Snacks. All students should bring their own meals and snacks or make arrangements to purchase meals and snacks.
- Medical expenses: All Students must provide proof of medical insurance.
- International Travel Medical Insurance: All international students are required to hold a valid and current international medical insurance card before traveling. Please visit this site (https://usa-assist.com/en/travel-insurance-quote.asp) which offers different travel medical insurance plans based on the amount of medical coverage purchased (additional cost): Students will not be able to participate in the program without a valid and current copy of international medical insurance coverage. Send a copy of your international travel medical insurance to the Office of Admissions: **admissions@mppacademy.org**.
- U.S. Visa: Students are responsible for obtaining a U.S. visit visa in time to attend NAPCA. Once your U.S. visit/ tourist visa has been issued or if you already hold a U.S. visa, send a copy of your U.S. VISA to the Office of Admissions: **admissions@mppacademy.org**.

# FEES

**Students will have the option to live on campus, commute to the program, or attend classes virtually.**

Residential students: For those students that choose to live on campus, you will be responsible for the cost of University housing and a meal plan, which provides 3 meals per day.

Commuter students: Students that choose to commute to the program daily can bring their own lunch including snacks or will be responsible for purchasing their own meals during the program.

## Definitions.

### Commuter vs. Commuter Extended

Commuter refers to students participating in the academic program from 8am-5pm each day. Commuter Extended refers to the commuter day program plus additional time, 5pm-9pm. The Commuter Extended day program gives commuter students the opportunity to participate in evening activities such as social and recreational group activities and having dinner in the University dining hall with residential students and MPP Academy staff. The extended option also aids parents who are not able to pick up their children at 5:00 pm. Commuter and commuter extended students are responsible for the cost of travel to and from the program as well as individual spending money for souvenirs during college tours, medical school tours, and other program activities.

## Residential students

Residential students live on campus and are responsible for housing, meals, and any other living expenses. Students are responsible for the cost of travel to and from the program as well as individual spending money for personal hygiene needs, laundry, and souvenirs.

# FINANCIAL ASSISTANCE

## Make your MPP Academy experience possible through our financial assistance program.

The MPP Academy understands that family circumstances may not enable all qualified students to attend a program without financial assistance. Therefore, through the generosity of donors, financial assistance, to the extent possible, will be made available to assist as many admitted students as possible.

The financial assistance committee takes into consideration extenuating circumstances such as recent job loss, illness, and injury. Limited aid is available and an application is not a guarantee of financial assistance. Financial assistance is provided on a rolling basis and will be distributed until all funds have been exhausted.

## Eligibility

- Financial assistance is available to the families of students who have been admitted to the program. Assistance is distributed fairly and openly on a first-come, first-served basis and is subject to fund availability.

### Financial Assistance Process & Notification

To be considered for financial assistance, applicants must complete two items:

**MPP Academy Online Application for Admission: Apply Now**

**Financial Assistance Application: Apply Now**

The financial assistance application deadline is on a rolling basis until all funds set aside for families in need have been distributed. We will do our best to help as many students/families as possible. Students will be notified of their financial assistance award at the time they receive their admission decision letter via email.

## Application Requirements

Families who would like to prepare materials in advance, please have the following items ready to complete your Financial Assistance Application.

**All items must be submitted via the online financial assistance application:**

## Household Information

**PROOF OF INCOME FROM PARENTS/GUARDIANS**

**Documents required:** Copy of most recent federal income tax return or paystub.

- Providing proof of income from both of the student's parents including step-parent(s) living in the same household with the student, if applicable, is required unless you have a special circumstance.
- If your family has a special circumstance that prevents both of the student's parents from providing proof of income, you will need to describe your special circumstance in your financial assistance application as it will help our financial aid committee better understand your situation.

**PARENTS WHO ARE NOT LIVING IN THE SAME HOUSEHOLD:**

- Parents who are not living in the same household can submit their proof of income separately. If your family chooses to submit proof of income separately, each parent will need to complete and submit our financial assistance application for their child independently.

## Application Deadline

### Financial Assistance Deadline

There is no deadline. Students are encouraged to apply early for priority consideration. Limited aid is available and an application is not a guarantee of financial assistance. Financial Assistance awards are made on a rolling basis and will be distributed until all funds have been exhausted.

**Have questions, contact us:**
admissions@mppacademy.org

## Fundraising

While the MPP Academy would like to meet the financial needs of all students, the large volume of financial assistance applicants combined with limited funding means that not all applicants will receive financial assistance.

Students and parents have reported that online fundraising was one of the best ways to secure the additional funds needed to cover their cost to attend the MPP Academy. Our students and parents wrote a compelling letter to ask for donations from family and friends. Additionally, parents that maintained a Facebook page, placed the letter on their Facebook page to spread the word to family and friends. Many of our students have used gofundme.com, kickstarter.com, and indiegogo.com to do online fundraising. Online fundraising has proven to work for our students and parents. In several cases, students have been able to raise funds covering the full cost of their program and travel expenses.

Please contact us (**admissions@mppacademy.org**) to receive assistance with your fundraising efforts. We can help you develop your own personal fundraising web page.

# TAKE THE NEXT STEP: APPLY NOW

## Join Our Next Cohort

We are accepting applications from high achieving students who will be enrolled as a 9th, 10th, 11th, or 12th grade student in Fall 2022.

### Apply Now

Apply now! We look forward to welcoming you to the MPP Academy family.

Submit Online Admissions Application

### Get In Touch

Fill out the Request Information form to learn more and get in contact with a team member from the Office of Admissions & Community Outreach.

Request Information

### Attend an Info Session

Meet our team and experience an in-depth overview of the MPP Academy.

Register

**Reach out to us to learn more about the MPP Academy High School Program.**

**CONTACT US**

NAPCA Foundation

MPP Academy

2600 W. Olive Ave. 5th Floor

Burbank, California 91505

**Phone:** (800) 799 – 4640 ext. 813

**Email:** admissions@mppacademy.org

**Website:** www.mppacademy.org

**OFFICE HOURS**

**Monday – Friday:**

10:00am – 6:00pm PST

**Saturday-Sunday:**

Closed